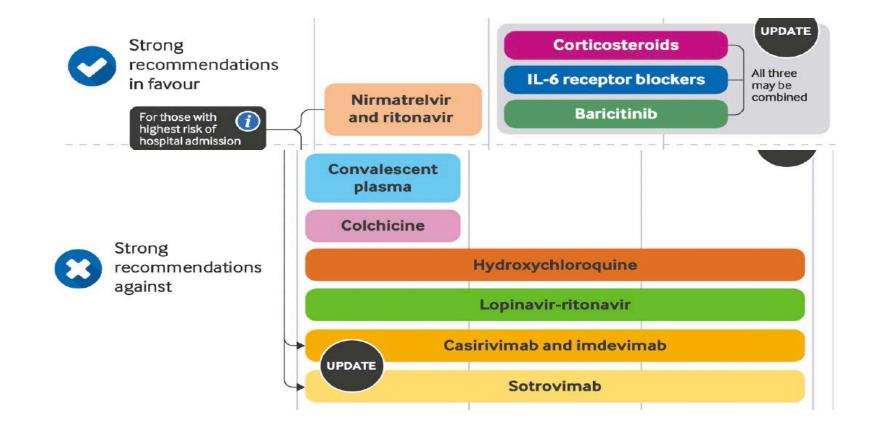
WHA75.8: Strengthening clinical trials to provide high-quality evidence on health interventions and to improve research quality and coordination

Update from the secretariat

12 September 2023

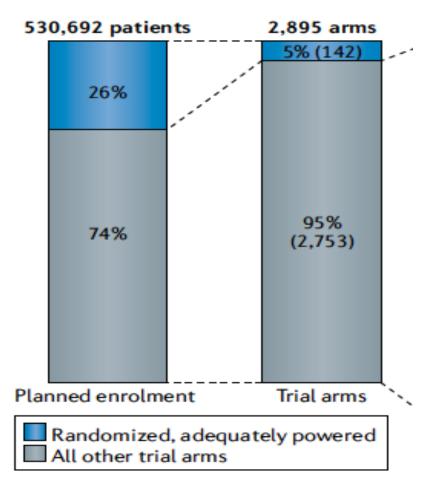


A few large trials generated much useful evidence and changed global practice





### 1000s of trials were low quality



Ref: Nat Rev Drug Discov . 2021 Apr;20(4):254-255. Bugin & Woodcock.





- uidance C
- TAG review

#### • Public consultation Deadline Sep 15

• Training materials in coordination with ICH, Ethics, Funders



- 50 • Site/institutional capacities appii
  - Networks/collaborations
  - Funding

Σ

- Disease focus
- National regulations



S

Consultatio

- Member State consultation date Sep 12
- Private sector consultation
- Regional consultations PAHO, SEARO, AFRO, EMRO later this year
- Ongoing consultations with other key stakeholders including private sector, clinical researchers, ethics, regulatory, funders, patient, community



### WHO guidance on best practices for clinical trials

Reviewed existing guidances

Coordination with ICH Good Clinical Practice secretariat.

Reference to ICH GCP existing guidance in agreement with the ICH secretariat

"For clinical trials designed to support submission to regulatory authorities concerned with medicinal products, trial sponsors should continue to refer to the ICH guidelines, in particular ICH E6 on good clinical practice, ICH E8 on general considerations for clinical studies and other relevant ICH guidelines, along with any relevant guidance issued by the authorities to which they plan to submit."



### WHO guidance on best practices for clinical trials

Builds directly on relevant existing guidance

WHO Technical Advisory Group for Development of Best Practices for Clinical Trials constituted Q1 2023. Membership public on WHO website.

Over 300 applications received after public call for experts

16 chosen as members balanced by expertise, gender and geography, including all 6 WHO regions

Draft guidance developed with input from TAG and across WHO HQ and regions

Public consultation on draft guidance now underway. Very extensive outreach to networks, researchers, private sector, regulators, ethics groups, patient groups, community engagement groups, funders and others to raise awareness

Will continue to coordinate with all relevant parties as next version developed after input from public consultation



# Partial listing of consultations to date in addition to four member state consultations

Meetings with ICH secretariat and other regulators

Council of International Organizations of Medical Societies (CIOMS)

World Medical Association (Declaration of Helsinki)

National Ethics and Regulatory Authorities involved in clinical research

Funders involved in Clinical Research

Systematic Reviewer groups

Patient and community engagement organizations

IFPMA, DCVMN and IGBA as umbrella organizations representing the private sector

WHO Network of Clinical Trial Registries (ICTRP)



### **Regional Consultations**

Regional consultations are being held to discuss input into the draft guidance, and key areas of focus country stakeholders identify as being needed to the clinical trial ecosystem

These are proceeding during Q4 of this year so that input can be taken into account in the next version of the draft guidance

They are led by WHO regional offices



### Some of the key barriers identified to clinical trials

- Gaps remain in **clinical trial capabilities and infrastructure**
- How best to identify key needs/research gaps for clinical trials to inform health policy
- How to ensure quality of research including protocol design
- Enabling environment for **innovative trial designs**
- Greater **integration of clinical trials into healthcare delivery** including digital data collection, patient-centricity
- Addressing data gaps in under-served populations (eg children, pregnant and lactating women, global south)
- Better clarity on **roles of different national and international stakeholders**
- Better inter-agency coordination eg where multiple approvals are needed
- Greater **research transparency** according to agreed norms, eg prospective trial registration



# A practical example of how trials can start with gaps in evidence and rapidly change policy

- Lack of clarity about role of antenatal steroids in reducing preterm infant mortality in certain settings
- This was an identified gap and research need called for in WHO guidelines
- Group of relevant stakeholders conceptualized and designed trial to inform this question
- 4 countries in Africa and Asia took part in trial
- Results confirmed that use of antenatal glucocorticoids reduced preterm infant mortality in these resource limited settings<sup>1</sup>
- WHO and national guidelines were updated to reflect this<sup>2</sup>
- Introduction into policy saves many lives at very low cost



<sup>1</sup>NEJM 2020; 383:2514-2525 <sup>2</sup>www.who.int/publications/i/item/9789240057296

### **African Vaccines Regulatory Forum**

AVAREF (African Vaccine Regulatory Forum) connects regulators and ethics committees from African countries

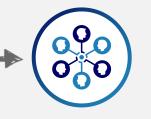
All 55 countries in Africa are members of AVAREF. AVAREF aims to **harmonise** regulatory practices, **strengthen** collaboration, **build** capabilities and **shorten** timelines to country decisions through joint-review processes

AVAREF offers and facilitates **three main services to PDPs**, using (fromQ4 2023) a fees for services model



#### **Clinical Trial scientific advice**

• Platform for PDPs to engage with experts from across Africa to obtain regulatory and ethical advice about the design of clinical trial in African countries



#### **Multi-country review of Clinical Trial application**

• Facilitated joint-reviews for PDPs willing to conduct clinical trial in multiple African countries, coordinating regulators and ethics committee for timely and efficient review



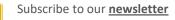
#### **Emergency Use Authorisation facilitation**

• Facilitated multi-country technical workshops and jointreviews for PDPs willing to obtain EUA in multiple African countries using the WHO EUL recommendation for candidate

vaccines

All services are available for vaccines, medicines and medical devices, for products addressing a public health emergency, a neglected disease, an unmet medical needs, or involving a novel technology





Contact AVAREF Secretariat for information and enquiry: maigad@who.int ; rodgersj@who.int

### Mapping of clinical trials by disease area and region (PRELIMINARY)

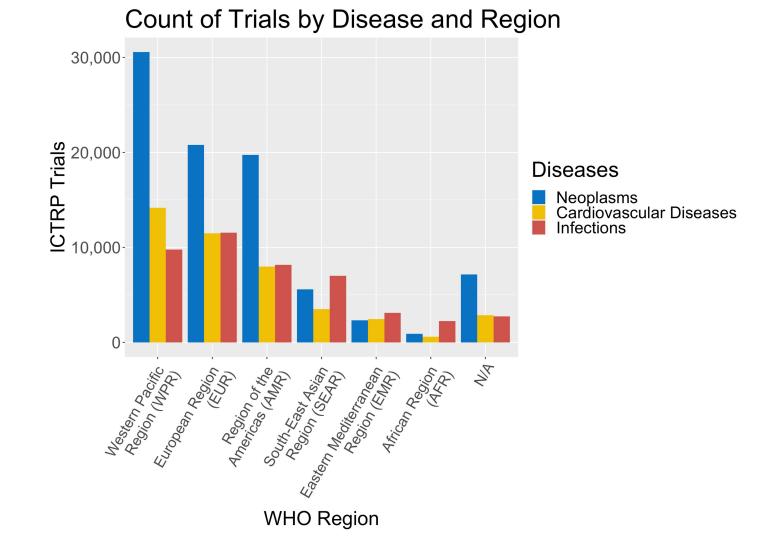
Clinical trials were mapped to WHO regions as well as the disease areas neoplasms, cardiovascular diseases, and infections

Disease areas were defined using Medical Subject Headings ( <u>https://www.ncbi.nlm.nih.gov/mesh/</u>)

2018-2022

12





### Mapping of clinical trials legislation (PRELIMINARY)

Defining

11 key aspects of clinical trial governance were identified.

#### A comprehensive search of legislation, standards, and guidance documents was conducted, sourced from:

- •Governmental and Ministry of Health websites •US International Compilation
- of Human Research Standards 2021
- •Clinregs.com

Searching

•Legal and academic databases

Summarizing Source text from the associated legal document was captured to confirm if the country has a legislative requirement for each clinical trial aspect.

Legislation from **89 WHO** member countries has been located.

#### **Breakdown by WHO regions:**





Breakdown by World Bank income groups: High – 40

- Middle 16
- Low-middle 12

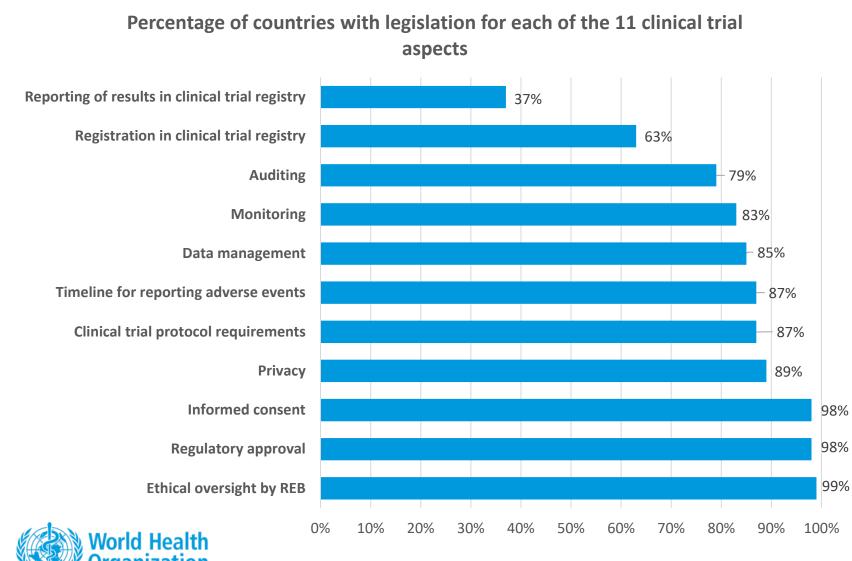
Low – 21



Legislation for an additional 39 countries has been identified, although direct text access remains unavailable. 13



# Mapping of clinical trials legislation (PRELIMINARY)



- 63% of the 89 countries mandate registration in a registry before commencing clinical trials.
- 37% of the 89 countries possess legislation requiring the reporting of results following completion of the clinical trial in a registry.
- 98-99% of countries have legislation relating to informed consent, regulatory approval and ethical oversight.