

Water Safety

For you and your children



Backyard Pool Safety Tips:

- Do not use bleach or pool disinfectant in the water in small inflatable or plastic kiddie pools.
- Empty plastic pool water after each use.
- Keep all chairs, tables or any item far away from the pool. Small children may use these to climb up and over the pool side.
- Cover your portable pool when not in use.
- Lock doors leading out to the pool.
- Teach small children to never use the pool alone.
- If a child is missing, check the pool first.
- Supervise sober and without distractions.
- Keep toys out of the pool area when it is not in use.

Things to remember when swimming at public pools:

- Do not enter head first unless in a pool that has a safe diving area.
- Wear a life jacket. Water wings or noodles don't replace life jackets
- Always watch children when they're in or near water. Even if life guards are present.
- Follow pool rules.
- Teach children to stay away from drains.
- Always swim with a buddy.

Kids Basic Swimming Skills

1. Step or jump into water over their head and return to the surface.
2. Turn around in the water and orient to safety.
3. Float or tread water.
4. Combine breathing with forward movement in the water.
5. Exit the water.

Clean Backyard Pool Tips:

- Read and follow all directions on product labels.
- Wear safety equipment—such as masks, gloves, and goggles—when handling chemicals.
- Keep chemicals secure and away from children and pets.
- Don't swim or let others swim if sick with diarrhea.
- Take kids on bathroom breaks and check diapers every hour.

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