





Publication date: 2020.

This publication was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of cooperative agreement number UK7MC33231. This information or content and conclusions are those of TOHF project staff and should not be construed as the official policy of HRSA, HHS, or the U.S. government, nor should any endorsements be inferred.

SECTION 1 – CONTACT INFORMATION

Date:	
Evaluator(s):	
Name of clinic:	
Type of clinic:	
☐ FQHC	
☐ County Health Department	
☐ City Health Department	
☐ Community Health Center	
☐ Other	
Dental clinic is:	
☐ Freestanding	
☐ Part of a medical clinic	
Dental Clinic Address	
Street:	
City:	Zip:
Phone:	
Website:	
CEO	Medical Director
Name:	Name:
Email address:	Email address:
Phone:	Phone
Dental Director	Obstetric Director
Name:	Name:
Email address: Phone:	Email address: Phone:
Filone.	Filone.
Name:	Name:
Email address:	Email address:
Phone:	Phone:
Name:	Name:
Email address:	Email address:
Phone:	Phone:

SECTION 2 – ASSESS WEBSITE

Organization:				
Website:				
			Not	Comments
Dental Clinic Information	Yes	No	Applicable	
Address				
Phone number				
Days clinic open				
Hours clinic open				
Accessible by public transportation				
Information about parking				
Description of clinic including mission				
Services Provided & Eligibility Criteria				
Types of services provided				
Types of patients seen (adults, pregnant				
women, children)				
Types of insurance accepted				
Eligibility criteria				
Patient Portal				
New Patient Forms (including dental)				
Educational Information				
Oral health education information				
Website Navigation				
Information is current				
Links work				
Website Navigation				

Comments:			

HLE2 Score

Website Assessment Scoring Guidance

Rating	Score	Example
Never	0	This is not practiced as yet.
Rarely	1	This has been practices only once or twice OR in one or two units. Less than 25% of the time.
Occasionally	2	This is practiced from time to time but not on a regular basis. Less than 50% of the time OR in fewer than half the units.
Frequently	3	This is practiced on a regular basis. More than half the time (about 75% of the time) OR in most units.
Always	4	This is an institutional expectation. Practiced with a goal of 100%.

	Never 0	Rarely 1	Occasionally 2	Frequently 3	Always 4
Home page has simple search function.		_	_		-
Links are clearly labeled.					
Icons have clear labels that explain their					
function.					
The source of information is dated and					
reliable (source displayed).					
The page can send viewers to a mobile					
version (programmed into the html).					
On the content pages, the back button					
returns viewers to the previous page.					
The information is grouped into					
meaningful sections.					
The page uses clear headings,					
subheadings, or other devices to signal					
what is coming next.					
Users can click on medical or math terms					
and be linked to a definition.					
Uses common, everyday language.					
Limits paragraph size and uses bullets					
and short lists.					
Sum the points in each of the columns.					
Add the points. TOTAL =					

This assessment is based on the HLE2: The Health Literacy Environment of Hospitals and Health Centers, Rudd RE, Oelschlegel S, Grabeel KL, Tester E and Heidel E. Harvard T.H. Chan School of Public Health. 2019.

SECTION 3 – ASSESS PHONE SYSTEM

Methods: Search for the dental clinic's number. Assess the phone system by calling to get directions to the dental clinic. If the clinic uses an automated phone system, use 'automated system' to assess the phone system. If the phone is answered by a person, use 'live person' to assess the phone system.

Dat	te: Evaluator na	nme:	
Clir	nic you are calling:		
Tel	ephone number of clinic:		
Loc	ation you want directions fro	m:	
<u>Cal</u>	l Summary		
a.	Time call begins:		
b.	Time call ends:		
c.	Duration of call:		
d.	Telephone answered by:		
	☐ Automated system	(Go to Automated System)	
	☐ Person	(Go to 'Live Person')	

Au	tomated System	Live	System
1.	Is there an option for another language? ☐ Yes If yes, which language(s): ☐ No		Did the person you talked to: (Choose All that apply) ☐ Ask if they can assist you ☐ Speak slowly ☐ Speak clearly ☐ Answer your questions/provide the help you needed ☐ Other:
2.	Number of menu options required to get directions to the dental clinic.		Did the person speak using everyday language? ☐ Yes ☐ No
3.	What is the speed of the menu options? ☐ Very fast ☐ Fast ☐ Slow ☐ Very slow		Did the person speak with a heavy accent? ☐ Yes ☐ No
4.	Is there an option to repeat menus? ☐ Yes ☐ No		Were you placed on hold during your call? ☐ Yes How long? ☐ No
5.	Are there instructions for medical emergencies? ☐ Yes ☐ No	Addi	itional comments :
6.	Are there instructions for medical emergencies? ☐ Yes ☐ No		
7.	Was the call successful? (Were you able to get what you needed?) ☐ Yes ☐ No		
8.	Is there an after-hours message? ☐ Yes ☐ No		

SECTION 4: INTERVIEW DENTAL DIRECTOR

Clinic Name:							
Director Name:							
Date:	_						
Hello. Good morning	g/afternoon/evenin	g, my name is	I'm calling	from the University	of Maryland,		
School of Public Healt	h. We are part of th	e HealthEfficient tea	am working on the H	lealth Resources and	d Services		
Administration (HRSA) Networks for Oral	Health Integration (NOHI) grant.				
We are interviewing of	dental directors to g	et background infor	mation on clinics for	this project. The int	erview will take		
approximately 30 mir	nutes.						
Days the dental clini	c sees patients						
		Г			<u></u>		
	Location 1	Location 2	Location 3	Location 4	Location 5		
Days							
Hours							
Staffing:							
	Lasakian 4	Lasation 2	Location 2	Lasatian A	Lasatian F		
# Dentists	Location 1	Location 2	Location 3	Location 4	Location 5		
# Dentists							
# Dental Hygienists							
# Assistants							
# Staff							
# Dental Therapists							
# Health Navigators							
# Office Managers							
# Other (specify):							

				• -
Pat	ıer	١t ١	/IS	ıts

1. 2.	, , , , , , , , , , , , , , , , , , ,			
<u>Den</u>	Demographics of population served			
3.	Income a. Percent of patients at or below 100% of Poverty b. Percent of patients between 100% and 200% of Poverty			

4. Population you serve.

Patient Age	Percentage
Children (ages 0-18)	
Adults (19-64)	
Seniors (age ≥ 65 yrs.)	
Pregnant women	
Of your patients who are children:	
Ages 0-3 years	
Ages 4-7 years	
Ages 8-18 years	

5. Dental insurance

Insurance Type	Percentage
Uninsured	
Medicaid	
Medicare	
Private	
Other	

6.	Race	ethnicity/
Ο.	T Cacc	Cumicity

Race/Ethnicity	Percentage
Hispanic/Latino	
African American	
White	
Asian/Pacific Islander	
American Indian/Alaska Native	
Other	

	African American
	White
	Asian/Pacific Islander
	American Indian/Alaska Native
	Other
7.	Language:
	Percentage of patients with English as second language (ESL) or do not speak English
Inte	rpreters
8.	Are interpreters available?
	☐ Yes No (SKIP to Question 11)
9.	What initiates the request/need for an interpreter?
	<u> </u>
10	How does the patient/clinic arrange for interpreter services?
10.	now does the patient/clinic arrange for interpreter services:
Elia	ibility and Fees
11.	How do patients know about this clinic/your clinics?
12.	What are the eligibility criteria for dental services?
	☐ Residence ☐ Income level
	□ Pregnant
	□ Age
	□ Other:
42	
13.	Who determines a patient's eligibility for services? Describe the eligibility process.

14.	What do patients pay for servi	ices?
	☐ Set fee per visit \$	
	☐ Sliding scale	
	☐ Other:	
<u> Apr</u>	oointments	
15.	When a patient calls for an ini	tial appointment, how soon are they seen?
	□ <1 week	☐ 1-2 months
	☐ 1-2 weeks	☐ 3-4 months
	☐ 2-4 weeks	□ > 4 months
16	For a follow-up appointment,	how soon are they seen?
10.	$\square \leq 1$ week	☐ 1-2 months
	☐ 1-2 weeks	□ 3-4 months
	☐ 2-4 weeks	□ > 4 months
	2 4 Weeks	2 / 4 montais
17.	·	tients/guardians to remind them of appointments?
	Yes	_
		appointment?
		call/contact?
	□ No	
18.	Does the clinic follow-up with	no-shows to determine why they missed an appointment?
	□ Yes □ No	
19.	Does the clinic double book ap	ppointments?
	☐ Yes	
	What percent of appointr	nents per day are double booked?
	□ No	
20.	Do you consider the clinic a de	ental or health home?
	☐ Yes ☐ No	
21.	Does the clinic use dental elec	tronic health records (EHR)?
	☐ Yes ☐ No (SKIP to Ques	stion 24)
22.	What system does the clinic us	se for dental EHRs?
23.	Are the dental EHR integrated	with the medical EHRs?
	☐ Yes ☐ No	

Clinic Policies

24.	Tell us about your clinic policy related to treating pregnant women who have not had a prenatal medical appointment. Which of the following do you do? (Select ALL that apply) Ask her if she is attending recommended medical appointments Ask her the date of her last prenatal medical appointment Refer her to an obstetrician if she has not had a prenatal medical appointment Help her make an appointment with an obstetrician Explain to her that prenatal medical visits are important for her health and the health of her baby Other: Other:
25.	Does your clinic have established relationships and a referral process with prenatal providers? ☐ Yes ☐ No
26.	Is it your clinic policy to recommend women with infants 6 months to 3 years of age take their child for well-baby visits? ☐ Yes ☐ No
27.	Is it your clinic policy to provide motivational interviewing to families of young patients regarding caries prevention? $ \ \ \Box \ \text{Yes} \ \ \Box \ \text{No} $
28.	Is it your clinic policy to set self-management goals with families of young patients regarding caries prevention? $ \ \ \square \ \text{Yes} \ \ \square \ \text{No}$
29.	Does the clinic use health navigators/case managers? ☐ Yes ☐ No (SKIP to Question 31)
30.	What duties does the health navigator/case manager perform? (Select ALL that apply) Make appointments for patients Remind patients of upcoming appointments Arrange for transportation to appointments Follow-up with patient to see if they have questions about their care Follow-up with patient when an appointment is missed Help patient fill out forms (consent, medical history, etc.) Help patient fill out health insurance forms Provide health education Other:

31.	☐ Regular ma ☐ Telephone ☐ Email ☐ Text messa ☐ Web ☐ Facebook ☐ Twitter	
32.	Does the clinic ☐ Yes ☐ No	c provide age one dental exams?
33.	clinic provide	th care providers (e.g. physicians, nurse practitioners, physician's assistants) associated with the caries exams/preventive regimens for infants and children under 2 years of age? No
34.		ral clinic refer infants and children 6 to 24 months to the medical clinic for fluoride treatments? No
35.	Is childcare pr ☐ Yes	ovided? I No (SKIP to Question 37)
36.		ee? □ No What is cost?
37.	_	's appointment, is the parent/guardian allowed in the treatment room? \square No
38.		ovide transportation to appointments? ☐ No
39.	☐ Toothbrus☐ Fluoride to☐ Floss☐ Informatio	

Clinic Evaluation

40.	Do you ask patients to evaluate clinic/dental services? U Yes How?
	□ No
41.	What does the clinic do with the patient evaluation information? Describe:
42.	Does the clinic keep track of complaints? ☐ Yes Describe how the clinic deals with complaints (initial complaint and clinic's follow-up).
	□ No

Ask dental director for copies of the following forms:

Health History Form, Consent Form, Educational materials given to patients related to caries prevention and oral health and pregnant women

SECTION 5: INTERVIEW OBSTETRIC DIRECTOR

Clinic Name:					
Director Name:					
Date:	_				
Hello. Good morning/afternoon/evening, my name is I'm calling from the University of Maryland, School of Public Health. We are part of the HealthEfficient team working on the Health Resources and Services Administration (HRSA) Networks for Oral Health Integration (NOHI) grant.					
We are interviewing obstetric directors to get background information on clinics for this project. The interview will take approximately 30 minutes.					
Days the clinic sees obstetric patients					
	Location 1	Location 2	Location 3	Location 4	Location 5
Days					
Hours					
Staffing:					

	Location 1	Location 2	Location 3	Location 4	Location 5
#					
Obstetricians/Midwives					
# Nurse Practitioners					
# Assistants					
# Staff					
# Health Navigators					
# Office Managers					
# Other (specify):					

	ent visits		
	Approximate # of obstetric visits in previous year (2019) _ Percentage of patients who are no-shows:		-
1	ographics of population served		
ı	ncome		
ć	a. Percent of patients at or below 100% of Poverty		
k	p. Percent of patients between 100% and 200% of Poverty	′	
H	Health insurance		
	Insurance Type	Percentage	
	Uninsured		
	Medicaid		
	A 4 11		
	Medicare		
	Private		
F	Private Other Race/ethnicity	Percentage	
F	Private Other	Percentage	
F	Private Other Race/ethnicity Race/Ethnicity	Percentage	
F	Private Other Race/ethnicity Race/Ethnicity Hispanic/Latino	Percentage	
F	Private Other Race/ethnicity Race/Ethnicity Hispanic/Latino African American	Percentage	
ſ	Private Other Race/ethnicity Race/Ethnicity Hispanic/Latino African American White	Percentage	

7. Are interpreters available?

☐ Yes No (SKIP to Question 10)

8. What initiates the request/need for an interpreter?

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9.	How does the patient/clinic arrange for interpreter services?	
Elig	ibility and Fees	
10.	How do patients know about this clinic/your clinics?	
11.	What are the eligibility criteria for health services? ☐ Residence ☐ Income level ☐ Pregnant ☐ Other:	
12.	Who determines a patient's eligibility for services? Describe the eligib	ility process.
	What do patients pay for services? Set fee per visit \$ Sliding scale Other:	
	When a patient calls for an initial appointment, how soon are they set $\square \le 1$ week $\square = 1-2$ weeks $\square = 2-4$ weeks	en?
15.	Does the clinic call/contact patients/guardians to remind them of app ☐ Yes How far in advance of the appointment? How many times do they call/contact?	ointments?
16.	Does the clinic follow-up with no-shows to determine why they misse \square Yes \square No	d an appointment?
17.	Does the clinic double book appointments? ☐ Yes What percent of appointments per day are double booked? ☐ No	
18.	Do you consider the clinic a health home? ☐ Yes ☐ No	

19.	Does the clinic use electronic health records (EHR)? ☐ Yes ☐ No (SKIP to Question 22)
20.	What system does the clinic use for EHRs?
21.	Are the medical EHRs integrated with the dental EHRs? ☐ Yes ☐ No
Clin	ic Policies
22.	Tell us about your clinic policy related to treating pregnant women who have not had a prenatal dental appointment. Which of the following do you do? (Select ALL that apply) Ask her if she is attending recommended dental appointments Ask her the date of her last dental appointment Refer her to a dentist if she has not had a prenatal dental appointment Help her make an appointment with a dentist Explain to her that prenatal dental visits are important for her health and the health of her baby Other:
23.	Does your clinic have established relationships and a referral process with dental providers? ☐ Yes ☐ No
24.	Is it your clinic policy to recommend women with infants 6 months to 3 years of age take their child for well-baby visits? □ Yes □ No
25.	Does the clinic use health navigators/case managers? ☐ Yes ☐ No (SKIP to Question 27)
26.	What duties does the health navigator/case manager perform? (Select ALL that apply) Make appointments for patients Remind patients of upcoming appointments Arrange for transportation to appointments Follow-up with patient to see if they have questions about their care Follow-up with patient when an appointment is missed Help patient fill out forms (consent, medical history, etc.) Help patient fill out health insurance forms Provide health education Other:

27.	Which of the following methods does the clinic use to communicate with patients? (Select ALL that apply) ☐ Regular mail			
	☐ Telephone			
	□ Email			
	☐ Text messages ☐ Web			
	□ Facebook			
	☐ Twitter			
	□ Other:			
28.	Do other health care providers (e.g. physicians, nurse practitioners, physician's assistants) associated with the clinic provide caries exams/preventive regimens for infants and children under 2 years of age? Yes No			
29.	Is childcare provided?			
	☐ Yes ☐ No (SKIP to Question 31)			
30	Is childcare free?			
	□ Yes □ No			
	What is cost?			
31.	Does clinic provide transportation to appointments?			
	□ Yes □ No			
Clin	ic Evaluation			
32.	Do you ask patients to evaluate clinic/obstetric services?			
	□ Yes			
33.				
	Describe:			
34.	·			
	Describe how the clinic deals with complaints (initial complaint and clinic's follow-up).			
	□ No			
۵cb	obstetric director for conies of the following forms:			
clinic provide caries exams/preventive regimens for infants and children under 2 years of age? Yes				

Health History Form, Consent Form, Educational materials given to patients related to caries prevention and oral health and pregnant women

SECTION 6 – ON-SITE VISIT

6.A - ARRIVING AT CLINIC

1.	Is there signage on the building exterior for the obstetric and dental clinics? (If no, skip to Q3)
	Dental: Yes No Medical: Yes No Comments:
2.	Is the clinic's sign visible from the road? Dental: ☐ Yes ☐ No Medical: ☐ Yes ☐ No Comments:
3.	Is the <u>building's</u> main entrance clearly marked? ☐ Yes ☐ No Comments:
4.	Is the <u>parking area</u> clearly marked? ☐ Yes ☐ No Comments:
5.	Is parking free at the clinic? Yes No What is the cost?
6.	Is the walk to the main entrance clearly marked? Yes Signs have arrows/symbols Signs use consistent language Signs in language(s) other than English No No Not Necessary Comments:
7.	How many blocks is the clinic from a public transportation stop? ☐ ☐ ☐ ☐ ☐ ☐ ☐ ≤1 2 3 4 5 (>5) Clinic not served by public transportation Comments:

8.	What precautions has your clinic taken since the coronavirus pandemic to ensure safety of patients and staff?
	☐ Require patients with respiratory symptoms and fever to cancel their appointment.
	☐ Reduce the number of patients seen in the office at one time
	☐ Require patients to wait in their car until the front desk staff call or text them
	☐ Actively screen healthcare personnel for fever and symptoms before every shift
	☐ Actively screen all patients for fever and symptoms before they enter the clinic
	☐ Require patients to wear a mask when entering the clinic
	☐ Provide masks to patients if they do not have one
	☐ Provide hand sanitizer and ask patients use it when entering and leaving the clinic
	☐ Post signage in appropriate languages with pictures to teach/remind all patients about correct respiratory
	hygiene and cough etiquette.

6.B - SECURITY & RECEPTION

5. Additional comments:

1.	Is security present in lobby? ☐ Yes ☐ No (SKIP to Reception Section)
2.	Did security ☐ Search your bag ☐ Request identification ☐ Provide name tag ☐ Other:
3.	Did security direct you to where you needed to go? ☐ Yes ☐ No
4.	How would you describe your interaction with security? ☐ Helpful ☐ Neutral ☐ NOT helpful ☐ Other:

F	Reception				
If there is a main clinic reception desk, is it clearly ☐ Yes ☐ No	marked?				
2. If there is a dental clinic reception desk, is it clear	ly marked?				
☐ Yes ☐ No					
3. If there is an obstetric clinic reception desk, is it o ☐ Yes ☐ No	learly marked?				
4. Reception Staff					
Dental	Obstetric				
Check ALL that apply	Check ALL that apply				
☐ Acknowledge you/greet you	☐ Acknowledge you/greet you				
☐ Ask if they can assist you	☐ Ask if they can assist you				
☐ Ask you to sign in	☐ Ask you to sign in				
☐ Ask you to show ID	☐ Ask you to show ID				
☐ Speak slowly	☐ Speak slowly				
☐ Speak clearly	☐ Speak clearly				
☐ Answer your questions	☐ Answer your questions				
☐ Direct you to next step (waiting area; wait for staff					
call you)	call you)				
☐ Explain COVID-19 safety precautions	☐ Explain COVID-19 safety precautions				
☐ Other:	☐ Other:				
2. Are translation services available? ☐ Yes ☐ No Which languages?					

6.C- ORAL HEALTH INFORMATION

1. What type of oral health information is displayed in the dental clinic?

For <u>each</u> oral health topic displayed in the clinic, check the location (clinic main lobby, dental lobby, hallway or operatory) where the information is displayed. Check if the information is a poster or is available as a leaflet for the patient.

	Where is the information located?							
	Is information on the wall or available as a leaflet?							
Oral Health Topic	Clinic Main Lobby		Dental Lobby		Hallway		Operatories	
	Poster	Leaflet	Poster	Leaflet	Poster	Leaflet	Poster	Leaflet
☐ Fluoride								
☐ Water fluoridation								
☐ Fluoride varnish								
☐ Fluoride drops/tablets								
☐ Silver Diamine Fluoride								
☐ Other:								
☐ Brushing w/ fluoride toothpaste and flossing								
☐ Brushing & flossing – NO mention of fluoride toothpaste								
☐ Preventing dental caries/ECC								
☐ Pit and fissure sealants								
☐ Periodontal disease								
☐ Child's oral health								
☐ Infrequent sugar consumption								
☐ Proper nutrition								
☐ Pregnancy and oral health								
☐ Diabetes and oral health								
☐ Other (dental):								

2. What type of oral health information is displayed in the obstetric clinic?

For <u>each</u> oral health topic displayed in the clinic, check the location (clinic main lobby, obstetric lobby, hallway or exam room) where the information is displayed. Check if the information is a poster or is available as a leaflet for the patient.

	Where is the information located?								
Oral Health Topic	Is information on the wall or available as a leaflet?								
	Clinic Main Lobby		Obstetric Lobby		Hallway		Exam Rooms		
	Poster	Leaflet	Poster	Leaflet	Poster	Leaflet	Poster	Leaflet	
☐ Fluoride									
☐ Water fluoridation									
☐ Fluoride varnish									
☐ Fluoride drops/tablets									
☐ Silver Diamine Fluoride									
☐ Other:									
☐ Brushing w/ fluoride toothpaste and flossing									
☐ Brushing & flossing – NO mention of fluoride toothpaste									
☐ Preventing dental caries/ECC									
☐ Pit and fissure sealants									
☐ Periodontal disease									
☐ Child's oral health									
☐ Infrequent sugar consumption									
☐ Proper nutrition									
☐ Pregnancy and oral health									
☐ Diabetes and oral health									
☐ Other (dental):									

3.	☐ Mission ☐ Services ☐ Patient's Bill of Rights ☐ Patient's Right to Privacy ☐ COVID-19 Safety Procedures
	☐ Images of the community ☐ None of the above ☐ Other:
4.	□ Other: Is there information about the following types of insurance? □ MCHP □ Medicaid □ Other:
	☐ No health insurance information is displayed
5.	Does the clinic use videos to educate patients? ☐ Yes Where:
	☐ Dental/Medical Reception Areas ☐ Operatories/Exam Rooms ☐ Education Room ☐ Other:
	□ No
6.	What is the sound level in the reception area? ☐ Quiet ☐ Neutral ☐ Noisy
7.	Additional comments:

SUITABILITY ASSESSMENT OF MATERIALS (SAM) Scoring Sheet

Dental Clinic:
Pamphlet title:
Who produced pamphlet:
Year produced:
Scorer(s):
Date scored:
Part 1 - Scoring of Pamphlet (see next page)
2 points for superior rating
1 point for adequate rating
0 points for not suitable rating
N/A if the factor does not apply to this material
Part 2 – evaluate the science
Is the pamphlet science-based?
Yes No
If no, why?

FACTOR TO BE RATED	SCORE	COMMENTS
1. CONTENT		
a) Purpose is evident		
b) Content about behaviors		
c) Scope is limited		
d) Summary or review included		
2. LITERACY DEMAND		
a) Reading grade level		
b) Writing style, active voice		
c) Vocabulary uses common words		
d) Context is given first		
e) Learning aids via "road signs"		
3. GRAPHICS		
a) Cover graphic shows purpose		
b) Type of graphics		
c) Relevance of illustrations		
d) List, tables, etc. explained		
e) Captions used for graphics		
4. LAYOUT AND TYPOGRAPHY		
a) Layout factors		
b) Typography		
c) Subheads ("chunking") used		
5. LEARNING STIMULATION, MOTIVATION		
a) Interaction used		
b) Behaviors are modeled and specific		
c) Motivation- self-efficacy		
6. CULTURAL APPROPRIATENESS		
a) Match in logic, language, experience		
b) Cultural image and examples		
TOTAL SAM SCORE		
TOTAL POSSIBLE SCORE		
PERCENT SCORE		

The Suitability Assessment of Materials for evaluation of health-related information for adults was developed by Leonard and Celia Doak and Jane Root. Teaching Patients with Low Literacy Skills, 2nd Edition, Philadelphia: Lippincot, 1996.

Patient Education Materials Assessment Tool for Printable Materials (PEMAT-P)

How To Use the PEMAT To Assess a Material

There are seven steps to using the PEMAT to assess a patient education material. The instructions below assume that you will score the PEMAT using paper and pen. If you use the PEMAT Auto-Scoring Form, a form that will automatically calculate PEMAT scores once you enter your ratings, you can skip Step 5. The form is available at: http://www.ahrq.gov/professionals/prevention-chronic-care/improve/self-mgmt/pemat/index.html.

Step 1: Read through the PEMAT and User's Guide. Before using the PEMAT, read through the entire User's Guide and instrument to familiarize yourself with all the items. In the User's Guide a (P) and (A/V) are listed after an item to indicate whether it is relevant to print and audiovisual materials, respectively.

Step 2: Read or view patient education material. Read through or view the patient education material that you are rating in its entirety.

Step 3: Decide which PEMAT to use. Choose the PEMAT-P for printable materials or the PEMAT-A/V for audiovisual materials.

Step 4: Go through each PEMAT item one by one. All items will have the answer options "Disagree" or "Agree." Some—but not all—items will also have a "Not Applicable" answer option. Go one by one through each of the items, 24 for printable materials and 17 for audiovisual materials, and indicate if you agree or disagree that the material meets a specific criterion. Or, when appropriate, select the "Not Applicable" option.

You may refer to the material at any time while you complete the form. You don't have to rely on your memory. Consider each item from a patient perspective. For example, for "Item 1: The material makes its purpose completely evident," ask yourself, "If I were a patient unfamiliar with the subject, would I readily know what the purpose of the material was?"

Step 5: Rate the material on each item as you go. After you determine the rating you would give the material on a specific item, enter the number (or N/A) that corresponds with your answer in the "Rating" column of the PEMAT. Do not score an item as "Not Applicable" unless there is a "Not Applicable" option. Score the material on each item as follows:

If Disagree Enter 0
If Agree Enter 1
If Not Applicable Enter N/A

Additional Guidance for Rating the Material on Each Item (Step 5)

- Rate an item "Agree" when a characteristic occurs throughout a material, that is, nearly all of the time (80% to 100%). Your guiding principle is that if there are obvious examples or times when a characteristic could have been met or could have been better met, then the item should be rated "Disagree." The User's Guide provides additional guidance for rating each item.
- Do not skip any items. If there is no "Not Applicable" option, you must score the item 0 (Disagree) or 1 (Agree).
- Do not use any knowledge you have about the subject before you read or view the patient education material. Base your ratings ONLY on what is in the material that you are rating.

- Do not let your rating of one item influence your rating of other items. Be careful to rate each item separately and distinctly from how you rated other items.
- If you are rating more than one material, focus only on the material that you are reviewing and do not try to compare it to the previous material that you looked at.

Step 6: Calculate the material's scores. The PEMAT provides two scores for each material — one for understandability and a separate score for actionability. Make sure you have rated the material on every item, including indicating which items are Not Applicable (N/A). Except for Not Applicable (N/A) items, you will have given each item either 1 point (Agree) or 0 points (Disagree). To score the material, do the following:

- Sum the total points for the material on the understandability items only.
- **Divide the sum by the total possible points,** that is, the number of items on which the material was rated, excluding the items that were scored Not Applicable (N/A).
- **Multiply the result by 100** and you will get a percentage (%). This percentage score is the understandability score on the PEMAT.
- o **Example:** If a print material was rated Agree (1 point) on 12 understandability items, Disagree (0 points) on 3 understandability items, and N/A on one understandability item (N/A), the sum would be 12 points out of 15 total possible points (12 + 3, excluding the N/A item). The PEMAT understandability score is 0.8 (12 divided by 15) multiplied by 100 = 80%.

To score the material on actionability, repeat Step 6 for the actionability items.

Step 7: Interpret the PEMAT scores. The higher the score, the more understandable or actionable the material. For example, a material that receives an understandability score of 90% is more understandable than a material that receives an understandability score of 60%, and the same goes for actionability. If you use the PEMAT to rate the understandability and actionability of many materials, you may get a sense of what score indicates exceptionally good or exceptionally poor materials.

Title of Material:
Name of Reviewer:
Review Date:

UNDERSTANDABILITY

ltem #	Item	Response Options	Rating
Topic: Co	ontent		
1	The material makes its purpose completely evident.	Disagree=0, Agree=1	
2	The material does not include information or content that	Disagree=0, Agree=1	
	distracts from its purpose.		
Topic: W	ord Choice & Style		
3	The material uses common, everyday language.	Disagree=0, Agree=1	
4	Medical terms are used only to familiarize audience with the	Disagree=0, Agree=1	
	terms. When used, medical terms are defined.		
5	The material uses the active voice.	Disagree=0, Agree=1	
Topic: Us	se of Numbers		
6	Numbers appearing in the material are clear and easy to	Disagree=0, Agree=1, No	
	understand.	numbers=N/A	
7	The material does not expect the user to perform	Disagree=0, Agree=1	
	calculations.		
Topic: O	rganization		•
8	The material breaks or "chunks" information into short	Disagree=0, Agree=1, Very	
	sections.	short material*=N/A	
9	The material's sections have informative headers.	Disagree=0, Agree=1, Very	
		short material*=N/A	
10	The material presents information in a logical sequence.	Disagree=0, Agree=1	
11	The material provides a summary.	Disagree=0, Agree=1, Very	
	,	short material*=N/A	
Topic: La	yout & Design	1	
12	The material uses visual cues (e.g., arrows, boxes, bullets,	Disagree=0, Agree=1	
	bold, larger font, highlighting) to draw attention to key	Video=N/A	
	points.		

NOTE: A very short print material is defined as a material with two or fewer paragraphs and no more than 1 page in length.

ltem #	Item	Response Options	Rating
Topic: U s	se of Visual Aids		1
15	The material uses visual aids whenever they could make content more easily understood (e.g., illustration of healthy portion size).	Disagree=0, Agree=1	
16	The material's visual aids reinforce rather than distract from the content.	Disagree=0, Agree=1, No visual aids=N/A	
17	The material's visual aids have clear titles or captions.	Disagree=0, Agree=1, No visual aids=N/A	
18	The material uses illustrations and photographs that are clear and uncluttered.	r Disagree=0, Agree=1, No visual aids=N/A	
19	The material uses simple tables with short and clear row and column headings.	Disagree=0, Agree=1, No tables=N/A	

Total Points:					
Total Possible Points:					
Understandability Score (%):					
(Total Points / Total Possible Points) X 100					

ACTIONABILITY

ltem #	ltem	Response Options	Rating
20	The material clearly identifies at least one action the user can take.	Disagree=0, Agree=1	
21	The material addresses the user directly when describing actions.	Disagree=0, Agree=1	
22	The material breaks down any action into manageable, explicit steps.	Disagree=0, Agree=1	
23	The material provides a tangible tool (e.g., menu planners, checklists) whenever it could help the user take action.	Disagree=0, Agree=1	
24	The material provides simple instructions or examples of how to perform calculations.	Disagree=0, Agree=1, No calculations=NA	
25	The material explains how to use the charts, graphs, tables, or diagrams to take actions.	Disagree=0, Agree=1, No charts, graphs, tables, or diagrams=N/A	
26	The material uses visual aids whenever they could make it easier to act on the instructions.	Disagree=0, Agree=1	

Total Points:	
Total Possible Points: _	
Actionability Score (%):	
(Total Points / Total Pos	sible Points) X 100

Citation: Shoemaker SJ, Wolf MS, Brach C. Patient Education Materials Assessment Tool for Printable Materials (PEMAT- P). (Prepared by Abt Associates under Contract No. HHSA290200900012I, TO 4). Rockville, MD: Agency for Healthcare Research and Quality; October 2013. AHRQ Publication No. 14-0002-EF.