

# The Monmouth-Ocean County Smart Book



A Resource Guide for Returning Home

2022 Edition  
by

The New Jersey Department of Corrections  
Office of Programming & Supportive Services

## Quick Reference: Useful Numbers and Hotlines

<b>Positive Transitioning</b>	1-844-335-1321
<b>American Friends Service Committee Prisoner's Resource Center</b>	1-973-643-2205
<b>CDC National STD and AIDS Hotlines</b>	
Spanish:	1-800-344-7432
English:	1-800-227-8922
<b>Addictions Hotline of NJ</b>	1-800-238-2333
<b>Alcoholics Anonymous</b>	1-800-245-1377
<b>Division of Disability Services (DDS)</b>	1-888-285-3036
<b>Division of Youth &amp; Family Services</b>	1-800-792-8610
<b>Hyacinth AIDS Foundation</b>	1-800-433-0254
<b>Legal Services of New Jersey</b>	1-888-576-5529
<b>NJ Motor Vehicle Commission</b>	
Driver's License Suspension Hotline	1-609-292-7500
Main Information	1-888-486-3339
<b>Narcotics Anonymous of NJ</b>	1-800-992-0401
<b>National Suicide Crisis Hotline</b>	1-800-784-2433
<b>New Jersey AIDS STD Hotline (Beth Israel)</b>	1-800-624-2377
<b>2-1-1 First Call for Help</b>	2-1-1/
Se habla español or toll free	1-800-331-7272
<b>Monmouth County One Stop</b>	732-683-8850
<b>Ocean County One Stop</b>	732-286-5616 732-286-6446
<b>Social Security Office</b>	1-800-772-1213
<b>Statewide Domestic Violence Hotline (Woman's Space, Inc.)</b>	
Bilingual and TTY accessible	1-800-572-7233

# The Monmouth and Ocean County Smart Book

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# The Start of a New Beginning:

## How to use this book

This book is intended to prepare you for your arrival home and reintegration back into society. In order to make the transition smoother for you a list of resources have been compiled along with a list of necessary items you will find that are essential to your success. This book focuses on the first few weeks and months of your arrival home and assisting you on managing the transition. Although not every resource available to you will be found in here, there are many that will help to guide your journey.

Each section of this book is categorized by items that you will need in order to find employment, return to school, and to obtain identification. It will also provide addresses, websites, phone numbers, and general tips on how to acquire that particular service. You can use the table of contents to easily identify what service you require, and follow instructions as to how to contact providers.

**FYI:** *\*\*Please feel free to utilize your social services department for assistance in contacting an agency or inquiring information about a service found in this book. There are some services that may be free to you that you can contact through your social services department before making an out-of-pocket expense.*

There are things that can be completed prior to release from prison. Two things specifically are requesting a duplicate Social Security card for **FREE** and applying for a birth certificate for a **fee**. Please contact your social worker six months prior to release to apply for these items. By doing this while still in custody, you are taking a large step towards making your transition back into the community easier for you. Provided both documents are processed successfully, you will have two necessary forms of identification made available to you the day you are released. This will speed up the process of finding employment.

You will not find every service or organization in **Monmouth and Ocean County** in this book however there will be many to help you begin. Also, the organizations that are listed may be able to offer additional resources to you. [You can also visit your local library to get free internet access, \(see page 57 or 59\)](#) for more county information.

## Getting Started:

### Identification (I.D.) and Other Documents

In order to apply for employment, rent an apartment, apply for general assistance, food stamps, or Medicaid, proper identification will be required. The more identification you have in your possession, the easier it will be for you to obtain these services. Certain items can be obtained while you are still incarcerated. Ask your social worker for assistance, and for the remainder, this book will point you in the right direction.

**FYI:** In order to obtain identification, various agencies will require proof of address. It is smart to keep bills in your name or official documents that have your name and address for further verification of your address.



#### A. Social Security Card

If at all possible, apply for a duplicate social security card with your social worker six months prior to release. If for some reason this is not possible or your application has been denied, you will need to visit your closest Social Security Office to apply at:

##### **Social Security Administration**

Monmouth County  
3310 State Route 66  
Neptune, NJ 07753

Ocean County  
2620 Yorktowne Blvd.  
Brick, NJ 08723

190 St. Catherine Blvd.  
Toms River, NJ 08755

**Office hours M, Tu, Th, F 9:00am-4:00pm;**

**Weds 9:00am-12:00pm**

Phone numbers:

Toll Free 1-800-772-1213

TTY- 1-800-325-0778

If you choose to visit your local office to apply you will need to fill out the application at the office. You will need to show proof of identification. **Prison release papers count as proof of identification. Also, use your NJDOC Temporary ID card.**

To save time you can download the application online ([www.ssa.gov/replace\\_sscard.html](http://www.ssa.gov/replace_sscard.html)).



## **B. Birth Certificate**

The office of Vital Statistics in the New Jersey Department of Health and Senior Services has all the New Jersey birth, marriage, and death records. The fee is **\$25.00**. However, depending upon where you were born in Monmouth/Ocean County, you may be able to apply for a birth certificate for a lesser fee.

### **New Jersey Department of Health and Senior Services**

Bureau of Vital Statistics and Registration

P.O. Box 370

Trenton, NJ 08625-0370

**Contact information for the NJ Bureau of Vital Statistics and Registration:** 1-609-292-4087 and 1-866-649-8726 (toll-free nationwide)

**FYI:** You are able to apply for a birth certificate while you are still in custody and have six months left prior to release. Please see your social worker to do so.

If you were born in the following towns, you may go to your registrar's office and apply for a birth certificate. You will need to call for the fee amounts.

#### **Monmouth County**

##### **Aberdeen Township**

1 Aberdeen Square  
Aberdeen, NJ 07747  
Phone: 732-583-4200 x101

1 Municipal Plaza  
Asbury Park, NJ 07712  
Phone: 732-502-5721

##### **Allenhurst Borough**

Borough Hall  
125 Corlies Avenue  
Allenhurst, NJ 07711  
Phone: (732) 531-2757  
Fax: (732) 531-8694

##### **Atlantic Highlands Borough**

Borough Hall  
100 First Avenue  
Atlantic Highlands, NJ  
07716  
Phone: (732) 291-1444  
X3103

##### **Allentown Borough**

8 No. Main Street  
P.O. Box 487  
Allentown, NJ 08501

##### **Avon-By-The-Sea Borough**

Municipal Building  
301 Main Street  
Avon, NJ 07717  
Phone: 732-502-4510  
Belmar, NJ 07719  
Phone: (732) 681-3700  
x231  
Fax: (732) 681-3434

##### **Asbury Park City**

##### **Belmar Borough**

P.O. Box A  
601 Main Street

**Bradley Beach Borough**

Borough Hall  
701 Main Street  
Bradley Beach, NJ 07720  
Phone: (732) 776-2983  
Fax: (732) 775-1782

**Brielle Borough**

601 Union Lane  
P.O. Box 445  
Brielle, NJ 08730  
Phone: 732-528-6600 x114

**Colts Neck Township**

124 Cedar Drive  
Colts Neck, NJ 07722  
Phone: (732) 409-7135  
Fax: (732) 462-5470

**Deal Borough**

Borough Hall  
Durant Square  
Deal, NJ 07723  
Phone: 732-531-1455  
Fax: 732-531-1705

**Eatontown Borough**

Municipal Building  
47 Broad Street  
Eatontown, NJ 07724  
Phone: 732-389-7601

**Englishtown Borough**

15 Main Street  
Englishtown, NJ 07726  
Phone: (732) 446-9235

**Fair Haven Borough**

Betty Ann Berube  
Municipal Building

**Howell Township**

4567 Route 9 North  
P.O. Box 580  
Howell, NJ 07731  
Phone: 732-938-4500 ext.  
2150

748 River Road  
Fair Haven, NJ 07704  
Phone: 732-747-6962 Ext  
219

**Farmingdale Borough**

P.O. Box 58  
11 Asbury Avenue  
Farmingdale, NJ 07727  
Phone: (732) 938-4077  
Fax: (732) 938-2023

**Freehold Borough**

51 West Main Street  
Freehold, NJ 07728  
Phone: 732-462-1259

**Freehold Township**

1 Municipal Plaza  
Freehold, NJ 07728  
Phone: (732) 294-2010  
Fax: (732) 462-7910

**Hazlet Township**

1766 Union Ave  
Hazlet, NJ 07730-2444  
Phone: (732) 264-1700  
x8688  
Fax: (732) 264-1785

**Highlands Borough**

171 Bay Avenue  
Highlands, NJ 07732  
Phone: (732) 872-1224  
x205  
Fax: (732) 872-0670

**Holmdel Township**

4 Crawfords Corner Rd.  
Holmdel, NJ 07733  
Phone:(732)946-2820  
X1212

**Interlaken Borough**

Borough Hall  
100 Grassmere Ave.  
Interlaken, NJ 07712



Phone: (732) 531-7405  
Fax: (732) 531-7099

**Keansburg Borough**

Borough Hall  
29 Church St.  
Keansburg, NJ 07734  
Phone: (732) 787-0215  
x114

**Keyport Borough**

70 West Front St.  
Keyport, NJ 07735  
Phone: (732) 739-5136  
Fax: (732) 739-3479

**Lake Como**

Borough Hall  
P.O. Box 569  
1740 Main St.  
Lake Como, NJ 07719  
Phone: (732) 681-3232  
Fax: (732) 681-8981

**Little Silver Borough**

Municipal Buildings  
480 Prospect Ave.  
Little Silver, NJ 07739  
Phone: (732) 842-2400  
x143  
Fax: (732) 219-0581

**Loch Arbour Village**

550 Main St.  
Loch Arbour, NJ 07711  
Phone: (732) 531-4704

**Middletown Township**

Town Hall  
One Kings Highway  
Middletown, NJ 07748  
Phone: 732-615-2094  
Fax: 732-706-1105

**Millstone Township**

470 Stagecoach Rd  
Clarksburg, NJ 08510  
Phone: 732-446-3402

**Long Branch City**

City Hall  
344 Broadway  
Long Branch, NJ 07740  
Phone: (732) 571-5665  
x5263

**Manalapan Township**

120 Rt. 522  
Manalapan, NJ 07726  
Phone: (732) 466-8345

**Manasquan Borough**

Borough Hall  
201 E. Main St.  
Manasquan, NJ 08736  
Phone: (732) 223-0544  
x236  
Fax: (732) 223-1300

**Marlboro Township**

Municipal Building  
1979 Township Drive  
Marlboro, NJ 07746  
Phone: 732-536-0200  
Fax: 732-536-9652

**Matawan Borough**

Registrar's Office  
201 Broad Street  
Matawan, NJ 07747  
Phone: 732-566-3898 X600  
Fax: 732-566-0036

Fax: 609-208-2438

**Monmouth Beach  
Borough**

22 Beach Road  
Monmouth Beach, NJ  
07750  
Phone: (732) 229-2204  
x110  
Fax: (732) 870-8245

**Neptune City Borough**  
106 W. Sylvania Avenue  
Neptune City, NJ 07753  
Phone: 732-776-7224 x41  
Fax: 732-776-8906

**Neptune Township**  
Vital Statistics  
25 Neptune Boulevard  
P.O. Box 1125  
Neptune, NJ 07753  
Phone: (732) 988-5200 Ext  
222  
Fax: (732) 988-6433

**Ocean Township**  
Town Hall  
399 Monmouth Road  
Oakhurst, NJ 07755  
Phone: (732)531-5000  
x321  
Fax: 732-531-5286

**Oceanport Borough**  
Borough Hall  
222 Monmouth Blvd.  
Oceanport, NJ 07757  
Phone: 732-222-8179

**Red Bank Borough**  
P.O. Box 868  
90 Monmouth Street  
Red Bank, NJ 07701  
Phone: (732) 530-2755  
Fax: (732) 530-2757

**Roosevelt Borough**  
Borough Hall  
33 N. Rochdale Avenue  
P.O. Box 128  
Roosevelt, NJ 08555  
Phone: 609-448-0539

**Rumson Borough**  
Borough Hall  
80 E. River Road  
Rumson, NJ 07760  
Phone: (732) 842-3300

**Sea Bright Borough**

1167 Ocean Avenue  
Sea Bright, NJ 07760  
Phone: 732-842-0099

**Sea Girt Borough**  
Borough Hall  
PO Box 296  
321 Baltimore Blvd.  
Sea Girt, NJ 08750  
Phone: 732-449-9433 X113

**Shrewsbury Borough**  
Borough Hall  
419 Sycamore Avenue  
P.O. Box 7420  
Shrewsbury, NJ 07702  
Phone: (732) 741-4200  
x107  
Fax: (732) 741-6549

**Shrewsbury Township**  
1979 Crawford Street  
Shrewsbury Township, NJ  
07724  
Phone: (732) 542-0675  
Fax: (732) 935-1348

**Spring Lake Borough**  
Municipal Building  
423 Warren Ave  
Spring Lake, NJ 07762  
Phone: 732-449-0800

**Spring Lake Heights  
Borough**  
555 Brighton Avenue  
Spring Lake Heights, NJ  
07762  
Phone: (732) 449-3500  
Fax: (732) 449-8264

**Tinton Falls Borough**  
Borough Hall  
556 Tinton Avenue  
Tinton Falls, NJ 07724  
Phone: 732-542-3400  
Fax: (732) 542-2079

**Union Beach Borough**

c/o Keyport Borough  
70 W. Front St.  
Keyport, NJ 07735  
Phone: (732) 739-5136  
Fax: (732) 264-1267

**Upper Freehold  
Township**

Municipal Building  
314 Route 539  
Cream Ridge, NJ 08514  
Phone: (609) 758-7738  
Fax: (609) 758-1183

**Ocean County**

**Barnegat Light Borough**

P.O. Box 576  
10 West 10th Street  
Barnegat Light, NJ 08006  
Phone: 609-494-9196  
Fax: 609-494-4827

**Barnegat Township**

Municipal Hall  
900 West Bay Avenue  
Barnegat, NJ 08005

**Bay Head Borough**

Borough Hall  
106 Bridge Ave, Unit 2  
Box 248  
Bay Head, NJ 08742  
Phone: (732) 892-0574  
Fax: (732) 899-6494

**Beach Haven Borough**

Borough Hall  
300 Engleside Avenue  
Beach Haven, NJ 08008  
Phone: (609) 492-0111 x216  
Fax: (609) 492-6262

**Beachwood Borough  
Borough Hall**

1600 Pinewald Road  
Beachwood, NJ 08722  
Phone: (732) 286-6000 Ext 212  
Fax: (732) 349-8390

**Wall Township**

Roberta Lang  
2700 Allaire Road  
Wall, NJ 07719  
Phone: (732) 449-8444  
x215

**West Long Branch  
Borough**

965 Broadway  
West Long Branch, NJ  
07764  
Phone: (732)-571-5984

**Berkeley Township**

Municipal Building  
627 Pinewald-Keswick Road  
P.O. Box B  
Bayville, NJ 08721  
Phone: (732) 244-7400 Ext 205  
Fax: (732) 505-0145

**Brick Township**

401 Chamber Bridge Road  
Town Hall  
Brick, NJ 08723  
Phone: (732) 262-1004 or 1002  
Fax: (732) 262-2839

**Eagleswood Township**

146 Division Street  
PO Box 409  
West Creek, NJ 08092  
Phone: 609-296-3040  
Fax: 609-296-4649

**Harvey Cedars Borough**

Borough Hall  
P.O. Box 3185  
7606 Long Beach Blvd  
Harvey Cedars, NJ 08008-0337  
Phone: (609) 361-6000 x112  
Fax: (609) 494-2335

**Island Heights Borough**

Borough Complex  
P.O. Box 797

East End & Van Sant Avenues  
Island Heights, NJ 08732  
Phone: (732) 270-6415

Brant Beach, NJ 08008  
Phone: 609-361-6631  
Fax: 609-494-5421

**Jackson Township**  
Municipal Building  
95 West Veterans Hwy  
Jackson, NJ 08527  
Phone: (732) 928-1200 ext 202  
Fax: (732) 928-4377

**Manchester Township**  
Town Hall  
1 Colonial Drive  
Manchester, NJ 08759  
Phone: (732) 657-8121 Ext 243  
Fax: (732) 657-2071

**Lacey Township**  
Municipal Building  
818 Lacey Rd.  
Forked River, NJ 08731  
Phone: (609) 693-1100 ext 247 or 251  
Fax: (609) 693-8466

**Mantoloking Borough**  
P.O. Box 4391  
340 Drum Point Road 2nd Floor  
Brick, NJ 08723  
Phone: (732) 475-6983 Ext 313  
Fax: (732) 475-7671

**Lakehurst Borough**  
Borough Hall  
5 Union Avenue  
Lakehurst, NJ 08733  
Phone: 732-657-4141

**Ocean Gate Borough**  
801 Ocean Gate Ave  
Ocean Gate, NJ 08740  
Phone: (732) 269-3166  
Fax: (732) 269-6652

**Lakewood Township**  
Municipal Building  
231 3rd Street  
Lakewood, NJ 08701  
Phone: 732-364-2500 x5970  
Fax: 732-901-3647

**Ocean Township**  
50 Railroad Avenue  
Waretown, NJ 08758  
Phone: (609) 693-3302 x233  
Fax: (609) 693-9026

**Lavallette Borough**  
Fire House Parking Lot  
121-125 Washington Avenue  
Lavallette, NJ 08735  
Phone: (732) 793-7477  
Fax: (732) 830-8248

**Pine Beach Borough**  
Borough Hall  
599 Pennsylvania Avenue  
P.O. Box 425  
Pine Beach, NJ 08741  
Phone: (732) 349-6425

**Little Egg Harbor Township**  
Municipal Building  
665 Radio Road  
Little Egg Harbor, NJ 08087  
Phone: (609) 296-7241 ext 233  
Fax: (609) 296-5352

**Plumsted Township**  
Municipal Complex  
121 Evergreen Road  
New Egypt, NJ 08533  
Phone: (609) 758-2241x101  
Fax: (609) 758-0123

**Long Beach Township**  
Municipal Building  
6805 Long Beach Boulevard

**Point Pleasant Beach Borough**  
Borough Hall  
416 New Jersey Avenue

Point Pleasant Beach, NJ 08742  
Phone: 732-892-1118 X21

Point Pleasant, NJ 08742  
Phone: (732) 892-4183  
Fax: (732) 899-2655

**Point Pleasant Borough**

P.O. Box 25  
2233 Bridge Avenue

**Seaside Heights Borough**

Borough Hall  
P.O. Box 38  
901 Boulevard  
Seaside Heights, NJ 08751  
Phone: (732) 793-9100  
Fax: (732) 793-0319

260 East Bay Avenue  
Manahawkin, NJ 08050-3498  
Phone: (609) 597-1000 Ext 8526

**Surf City Borough**

Borough Hall  
813 Long Beach Boulevard  
Surf City, NJ 08008  
Phone: (609) 494-3064  
Fax: (609) 361-9746

**Seaside Park Borough**

1701 N. Ocean Avenue  
P.O. Box B  
Seaside Park, NJ 08752  
Phone: (732) 793-3700  
Fax: (732) 793-3737

**Toms River Township**

33 Washington Street  
P.O. Box 728  
Toms River, NJ 08753  
Phone: (732) 341-1000 Ext 8403  
Fax: (732) 341-0835

**Ship Bottom Borough**

Borough Hall  
1621 Long Beach Blvd.  
Ship Bottom, NJ 08008  
Phone: (609) 494-2171 x116  
Fax: (609) 361-8484

**Tuckerton Borough**

Borough Hall  
140 E. Main Street  
Tuckerton, NJ 08087  
Phone: (609) 296-2701

**South Toms River Borough**

144 Mill Street  
South Toms River, NJ 08757  
Phone: 732-349-0403

**Stafford Township**

Municipal Building

**C. County Identification**

You can obtain a county identification card by going to the Monmouth County Clerk's office (listed below). You will need a certified birth certificate with raised seal (this is issued by the town in which you were born), naturalization certificate, or permanent resident card, proof of Monmouth County residency (valid driver's license, mail, utility bill) and proof of social security number (card, W2 tax form, pay stub, bank statement). **There is a \$13.00 fee--cash money order, MasterCard or Visa are accepted.** The hours for an identification card for Monmouth County residents are 8:30am-4:00pm.

### **Monmouth County Clerk's Office**

33 Mechanic Street  
Freehold, NJ 07728  
Phone: 732-431-7324

In Ocean County, you can obtain a free county identification card if you are an honorably discharged veteran. This will make it easier to take advantage of a wide variety of veterans discount programs. To obtain a card, a veteran must provide his or her DD-214 Discharge Papers at the County Clerk's office:

### **Ocean County Clerk's Office**

P.O. Box 2191  
118 Washington St.  
Toms River, NJ 08754  
Phone: 732-929-2018  
Toll Free: 1-800-722-0291  
Fax: 732-349-4336



### **D. Driver's License**

Once you are released from prison, you can go to the Motor Vehicle Commission (MVC) to get a new driver's license, replace a lost one, or renew a card that has expired. If you believe that your license has been suspended, you should confirm this and figure out what you need to do to get it back. If you were convicted of any kind of drug offense, your license has been suspended.

**Prior to your release**, you can get a copy of your driver's license record, which is called an "abstract." Please contact your social worker if you are interested in obtaining an abstract. **The fee for an abstract is \$15.00**

**Upon your release**, you can go to the MVC offices in Monmouth or Ocean County (listed below) or a Regional Service Center to request a driver's abstract. If you have internet access, you can also request an abstract online at <http://www.state.nj.us/mvc>. You will still have to pay **\$15.00**. If your license was suspended for six months or more because of a drug conviction, the period of the suspension will begin from the time of your release. Other kinds of suspension, such as failure to pay parking tickets, insurance surcharges, or child support, will last until you have paid the fine or worked out a payment plan. For questions about suspension, call the suspension hotline: **609-292-7500**.

**Restoration Fees, Tickets, and Surcharges:** If you found out that your license has been suspended, you will have to pay a restoration fee of **\$100.00** in order to have your license reinstated. This does not include any additional fines or surcharges you are required to pay. This fee can be paid at the Regional Service Center (see below).

If you have internet access, this fee can be paid online at <http://www.state.nj.us/mvc>. You can pay your surcharges and parking tickets on this web site as well.

## **MONMOUTH COUNTY MVC LOCATIONS**

**To reach MVC by phone call 609-292-6500**

### **Asbury Park**

1010 Comstock Street  
Asbury Park, NJ 07712

*Specialty Inspection (salvage, kid cars, hi-rise stability testing, referee by appointment only)*

Mon-Fri 8:00am-4:30pm

### **Eatontown**

109 Route 36  
Eatontown, NJ 07724

*Agency, Driver Testing:* M, W, Th, F 8:00am-5:30pm;  
Tu 8:00am-7:30pm; Sat 8:00am-1:00pm

*Suspension/Restoration:* Mon-Fri 8:00am-4:30pm

*Inspection:* Mon-Fri 8:00am-4:30pm

Sat 7:00am-12:00pm

*Road Test:* Mon-Fri 8:00am-4:00pm

### **Freehold**

811 Okerson Road  
Freehold, NJ 07728

*Agency, Driver Testing:* M, W, Th, F 8:00am-5:30pm;  
Tu 8:00am -7:30pm; Sat 8:00am-1:00pm

*Inspection:* Mon-Fri 8:00am-4:30pm

Sat 7:00am-12:00pm

### **Hazlet**

1374 Highway 36  
Airport Plaza  
Hazlet, NJ 07730

*Agency:* M, W, Th, F 8:00am-5:30pm

Tu 8:00am-7:30pm; Sat 8:00am-1:00pm

**OCEAN COUNTY MVC LOCATIONS**  
**To reach MVC by phone call 609-292-6500**

**Lakewood**

1195 Route 70  
Leisure Center, Store 9  
Lakewood, NJ 08701  
Agency: M, W, Th, F 8:00am-5:30pm; Tu 8:00am-7:30pm;  
Sat 8:00am-1:00pm

**Lakewood cont'd**

1145 Route 70  
Lakewood, NJ 08701  
Inspection: M-F 8:00am-4:30pm; Sat 7:00am-12:00pm

**Manahawkin**

712 East Bay Ave. Suite 7  
Manahawkin, NJ 08050  
Agency: M, W, Th, F 8:00am-5:30pm; Tu 8:00am-7:30pm;  
Sat 8:00am-1:00pm

220 Recovery Rd.  
Ocean County Resource Center  
Manahawkin, NJ 08050  
Inspection: M-F 8:00am-4:30pm; Sat 7:00am-12:00pm

**Miller Air Park**

Route 530 & Mule Rd.  
Berkeley Twp., NJ 08757  
Road Testing: Tu-F 8:00am-4:00pm

**Toms River**

1861 Hooper Ave.  
Village Sq. Plaza  
Toms River, NJ 08753  
Agency, Driver Testing: M, W, Th, F 8:00am-5:30pm; Tu  
8:00am-7:30pm;  
Sat 8:00am-1:00pm

**Regional Office: Trenton Agency**

**120 S. Stockton & Front St.**

**Trenton, NJ 08611**

Services: Driver conferences, driver records, (issuances and inquiries), points and surcharge (inquiries), suspensions and restorations.

Hours: Mon-Fri 8am-4:30pm; Sat 8am-12pm

To replace a lost or stolen license, you will have to bring identification to the MVC and pay an **\$11.00 fee**. The MVC now has very specific kinds of I.D. that are required under the new "Six Point" system:



*Please use this guide to prepare yourself for your trip to MVC. Make sure you have the six points of identification necessary to obtain your drivers license or non-drivers I.D.*

## **SIX POINT SYSTEM OF IDENTIFICATION**

### **Primary Documents:**

(4 Points)

- Birth Certificate or Certified Copy from one of the 50 states.
- U.S. Dept. of State Birth Certificate
- US Passport-Current or Expired less than 3 years
- Current US Passport card
- Current NJ Digital Drivers License
- Valid Active Duty US Military Photo ID Card
- US Adoption papers
- Certificate of Naturalization
- Certificate of Citizenship

### **Secondary Documents:**

(3 Points)

- Civil Marriage/Domestic partnership/ Civil Union
- Certificate: Issued by the Municipality or State
- Order of Decree of Divorce
- Court Order for Legal Name Change: Signed by a judge or county clerk
- US Military Photo/Retiree Card

(2 Points)

- U.S. Military Discharge Papers (DD214)

(1 Point)

- Current/ Expired (Less than 1 year) Non-Digital NJ Photo Drivers License
- Social Security Card
- Bank statement or record
- ATM Card w/ pre-printed name and applicant signature
- NJ Public Assistance Card w/ Photo
- High School Diploma/GED/ College Diploma
- Veterans Affairs-Universal Access Photo ID Card

You can get a brochure on this new “Six Point” system from the MVC offices listed above or from the Motor Vehicle Commission web site, [www.state.nj.us/mvc](http://www.state.nj.us/mvc). If your license has expired, you will have to go with your six points of I.D. to the MVC to fill out a renewal application. You may have to take the written test again. License renewal costs **\$24.00**.

## **E. Non-driver's State I.D.**

New Jersey provides state photo identification for non-drivers. **You can get this official state I.D. even if your driver's license is currently suspended.** This may be a good option for you if it is going to be some time before you get your license back. You will still need to bring the same type of identification documents described previously, under the new "Six Point" system.

## **F. Certificates of Naturalization or Citizenship**

This certificate is necessary for employment upon your release. In general, if you need to replace lost forms, you can contact the US Citizenship & Immigration Service or Application Support Centers to find out about identification and fingerprint verifications. There is a fee to process an application for replacement documents. The National Customer Service Hotline is **1 (800) 375-5283**.

### **Citizenship Locations**

#### **US Citizenship & Immigration Service**

##### **Closest field office to Monmouth and Ocean County**

Peter Rodino Jr. Federal Building  
970 Broad Street, Newark NJ 07102

#### **Application Support Center**

24 Commerce Ave.  
Newark, NJ 07102

## **G. Alien Registration Card "Green Card"**

To replace a missing Green Card, you must go to the US Citizenship & Immigration Service Office (see above) to fill out an I-90 form. Please make sure that you bring I.D. with you.

You can also visit the website and download the forms at [www.uscis.gov](http://www.uscis.gov). It costs **\$290.00** for processing. **If you have any questions or concerns about your status as a result of your criminal conviction, call Legal Services of New Jersey at 1-888-576-5529 before going to immigration.**

## **H. Military Discharge Papers**

**FYI:** You may have the opportunity to meet with the Veterans Administration (VA) liaison from the Veterans Administration during your incarceration. The VA liaison can assist you in requesting a copy of your DD214 (discharge papers) by completing the SF-180 form. Please notify a social worker for assistance with your requests and to obtain information on your veteran status. You can also obtain the SF-180 by writing the

Veteran Benefit Administration in NJ or the NPRC, which is the main record depository.

**Veterans Benefit Administration in New Jersey**

20 Washington Pl., 3<sup>rd</sup> Floor  
Newark, NJ 07102  
1-800-827-1000

**Main records depository**

NPRC, 9700 Page Ave  
St. Louis, MO 63132-5100

**Monmouth County  
Veterans Affairs Office**

3000 Kozloski Road  
Freehold, NJ 07728  
Phone: 732-683-8675  
Fax: 732-683-8676  
Contact: Sue Moleon,  
Director, Veterans Services

**Ocean County Veterans  
Affairs**

2280 Hamilton Ave.  
Hamilton, NJ 08619  
609-989-6120  
Mon-Fri 8:30am-4:30pm

Upon your release, you can also visit the following web site to request military records; [www.vetrecs.archives.gov](http://www.vetrecs.archives.gov)

Once on the [www.vetrecs.archives.gov](http://www.vetrecs.archives.gov) website, follow the on screen instructions for requesting personnel records. You will be asked to print out a signature page which can either be mailed or faxed. Upon receiving the form, the records will be mailed directly to you.



**I. Passport**

Although a passport may not seem like an important item to have at this point, it can serve as a major form of identification because it is widely accepted. There are **fees** involved in obtaining your passport. To obtain your passport, you may visit the Monmouth/Ocean County Clerk's passport offices:

**Monmouth County  
Connection**

3544 State Highway 66  
Neptune, NJ 07753  
Phone: 732-303-2828  
M, W, F 10:00am-6:00pm  
T, Th 10:00am-8:00pm  
Sat 9:00am-1:00pm

**Freehold Passport Office**

33 Mechanic Street  
Freehold, NJ 07728  
Phone: 732-431-7324  
Mon-Fri 8:30am-4:00pm

**Ocean County Clerk's  
Office**

118 Washington St.  
Toms River, NJ 08754  
Phone: 732-929-2018

**Ocean County Southern  
Service Center**

179 South Main St.  
Manahawkin, NJ 08092  
609-597-1500

**Northern Ocean County  
Resource Center**  
225 4th St.  
Lakewood, NJ 08701  
732-370-8850

**County Connection**  
Ocean County Mall (near  
JC Penney)  
Hooper Avenue  
Toms River, NJ 08753  
732-288-7777

To obtain a passport, it is necessary for each applicant to have a long form certified birth certificate with a raised seal, showing both parents names', social security number, a passport photo 2x2 inches in size, and current identification such as a driver's license or government identification.

**\$110.00** Passport Services fee (must be in the form of check or money order payable to U.S. Department of State)

**\$25.00** Execution fee (payable by cash, check [Ocean County] Discover, MasterCard or Visa)

*To expedite (3 to 4 weeks): \$60.00 ADDITIONAL. This does not include overnight delivery. If overnight delivery is desired, an additional postage fee of \$20.66 must be included.*

## **J. NJDOC Release Papers/Temporary I.D. Card**

Make sure you keep your prison release papers and temporary I.D. card. Your release papers can serve as identification in some circumstances and your I.D. card is valid for 30 days. These items along with several others will all be included in your *Fair Release and Re-entry Act (FRARA)* folder given to you on the day of your release.

## **First Steps after Release:**

### **Where Do I Go to Find...**

This section provides resources for food, shelter, clothing, money, and other emergency needs. We have provided some resource options in Monmouth and Ocean County that you can utilize upon release.

**FYI:** Important paperwork will be needed repeatedly throughout your life. Make sure to invest in a folder or safe to keep important documents. **Never** carry your birth certificate or Social Security card with you. You will only need to produce these items upon request. It is smarter to keep them in a safe place.

Also, make sure to keep a notebook and a pen with you to write down the names and phone numbers of the people you come in contact with at various agencies. Remember, nobody is going to care about your success as much as you do.

Provided for you are agencies and services that can assist you in finding your basic needs.

**FYI:** It is a good idea to call first to check that the hours of operation haven't changed. Please try to be patient with those that are attempting to assist you.

See the following pages for list of resources.

## **A. First Stops**

The agencies below provide a range of services and/or, depending on what you need, can refer you to other places.

### **FIRST-STOP AGENCIES**

**2-1-1/First Call for Help** – is a resource for Monmouth & Ocean County residents, which offers comprehensive information and referrals for human services, health care, government and community resource assistance. Dial 211, which can be accessed from the internet, cell phone or landline, 24 hours a day, 7 days a week. Dial 800-331-7272 for the Homeless Hotline, which addresses emergencies and homeless calls. 211 is multi-lingual and accepts TTY callers



## **B. Shelter**

Here are some shelters in Monmouth & Ocean County. Access to most of these shelters can be obtained through the Monmouth/Ocean County Board of Social Services or through a general walk in. Although each agency has been verified, please call to check for the most current hours or operation. Please call the agencies listed below for further information.

### **Monmouth County 24 Hour Homeless Emergency Phone Line**

732-431-6000

### **Jersey Shore Rescue Mission**

701 Memorial Drive  
Asbury Park, NJ 07712  
732-988-0242

\*Emergency shelter

### **Family Promise of Monmouth County**

PO Box 70  
Middletown, NJ 07748  
732-495-1050

**Easter Seals New Jersey**  
417 Burns Avenue  
Fort Monmouth, NJ 07703  
732-542-8264  
\*Single shelter

**HABcore, Inc.**  
P.O. Box 2361  
Red Bank, NJ 07701  
732-544-1975  
\*Permanent Supportive Housing: Boarding Home and Independent Living

**Interfaith Neighbors, Inc.**  
810 4th Ave.  
Asbury Park, NJ 07712  
732-775-0525  
\*Affordable housing, rental and mortgage assistance

**Manna House**  
640 Cliffwood Ave.  
Cliffwood Beach, NJ 07735  
732-566-8774  
\*Women and children shelter/transitional housing

**Affordable Housing Alliance**  
3535 Route 66  
Parkway 100, Building 4  
Neptune Twp, NJ 07754  
732-389-2958

**Harbor House**  
808 Conifer Street  
Toms River, NJ 08753  
24/7 Emergency Hotline: 732-929-0660  
\*Emergency shelter and transitional living for youth ages 10-21

**C. Food/Clothing** 

Here are the food pantries, soup kitchens and in Monmouth and Ocean County. Although each agency has been verified, please call to check for most current hours of operation.

**Jersey Shore Dream Center**  
1301 Corlies Ave.  
Neptune City, NJ 07753  
877-391-5732  
\**Prisoner Relief Program* provides former inmates with clothes, food for the week and toiletries to help with personal hygiene.

**FoodBank of Monmouth and Ocean Counties**

3300 Route 66  
Neptune, NJ 07753  
732-918-2660  
Mon-Fri 8:00am-4:30pm



**Soup Kitchens**

**First UMC-Heaven's Kitchen**

906 Grand Ave.  
Asbury Park, NJ 07712  
732-775-2693  
Wednesdays 5:00pm-7:00pm

**St. Augustine's Soup Kitchen**

Atlantic & Prospect Ave.  
Asbury Park, NJ 07712  
732-774-3069  
Sundays at 12:00pm

**Trinity Episcopal Saturday Soup**

503 Asbury Ave.  
Asbury Park, NJ 07712  
732-775-5084  
Saturdays 12:00pm-1:00pm

**Feed All God's Children**

33 Throckmorton St. /St. Peter's Parish Ctr.  
Freehold, NJ 07728  
732-308-9152 or 732-431-8383  
M, T, W, Th 11:30am-1:00pm

**Meal at Noon**

93 Liberty St. /Second Baptist Church  
Long Branch, NJ 07740  
732-229-1188 or 732-229-2035  
Wed 11:00am-12:00pm (bag lunch); Sat 12:00pm-1:00pm (hot meal)

**St. Mark's CCR Soup Kitchen**

247 Carr Ave.  
Keansburg, NJ 07734  
732-787-1075 or 732-787-3520  
Mon-Sat 9:00am-10:30am (hot breakfast); Mon-Sun 12:00pm-1:15pm (lunch)

**Bayshore Lunch Program @ Community Church**

Warren St. between Division & Osborn St.

Keyport, NJ 07735

732-217-1148

M, W, F 11:30am-12:30pm; T & Th 12:30pm-1:00pm

**Lunch Break Soup Kitchen**

121 Dr. James Parker Blvd.

Red Bank, NJ 07701

732-747-8577

Mon-Fri 11:00am-1:00pm; Sat 10:00am-12:00pm, bag lunches distributed 11:00am-12:00pm

**Shalom Mission (Lacey United Meth.)**

203 W. Lacey Rd.

Forked River, NJ 08731

609-693-5222

Tuesday 12:00pm-1:30pm

**Ken's Kitchen**

100 Bishop Way

Manahawkin, NJ 08050

609-660-9386

Thursday 11:00-12:00pm

\*Also provides free blood pressure screenings

**Simon's Kitchen**

168 Grant Ave.

Seaside Heights, NJ 08752

732-270-5941

Tues & Fri 5:30-7:00pm (Oct-April)

**Abundant Grace Soup Kitchen**

108 Indian Head Rd.

Toms River, NJ 08753

732-914-2058

1st Saturday of every month from 12:00pm-3:00pm

**Salvation Army/Hearty Helpings Soup Kitchen**

1738 Route 37

Toms River, NJ 08753

732-270-8393

Thursday 4:45pm



## **Food Pantries**



### **Lutheran Church of Atonement Pantry**

308 1st Ave.  
Asbury Park, NJ 07712  
732-776-5727  
2nd and 4th Wednesday of every month 10:30am-12:30pm

### **Salvation Army Pantry-Asbury Park**

605 Asbury Ave.  
Asbury Park, NJ 07712  
732-775-8698  
Monday and Friday 9:00am-11:00am

### **Jewish Family Services Pantry**

705 Summerfield Ave.  
Asbury Park, NJ 07712  
732-774-6886  
Fridays 12:00pm-1:00pm

### **Quinn Chapel Pantry**

109 Prospect Ave.  
Atlantic Highlands, NJ 07716  
732-291-1078  
Tuesdays 12:30pm-2:30pm by appointment

### **Friends Feeding Families**

180 Church Street (@ Belford UMC)  
Belford, NJ 07718  
732-639-0106  
Tuesdays 6:00pm-8:00pm & Saturdays 10:00-12:00pm

### **Belmar Food Pantry**

7th & D St. (United Methodist Church)  
Belmar, NJ 07719  
732-280-6100  
Mon & Thurs 10:00am-12:00pm and Thursdays 3:00-6:00pm

### **Bradley Food Pantry**

605 4th Ave, next to St. James Church  
Bradley Beach, NJ 07720  
732-775-0161  
Mon-Fri 10:00am-12:00pm and Thurs 6:00pm-7:00pm

### **Providence Baptist Pantry**

49 Kennedy Ave.  
Cliffwood Beach, NJ 07721  
732-566-4430  
3rd Sat of every month 8:00am-12:00pm

**Emley's Hill Good Samaritan Pantry**

69 Emley's Hill Road  
Cream Ridge, NJ 08514  
609-758-2166  
Wednesdays 6:30pm-7:30pm

**St. Dorthea's Pantry**

240 Broad St. (Route 7)  
Eatontown, NJ 07724  
732-542-0148  
2nd & 4th Wednesday 5:00pm-7:00pm and 2nd & 4th Sat  
9:00am-11:00am

**New Hope Pantry**

28 1st St. (corner of Center)  
Freehold, NJ 07728  
732-780-9210  
3rd Thursday of every month 10:00am-1:00pm & 3rd Sat  
9:00am-1:00pm

**Open Door Pantry**

39 Throckmorton St. /St. Peter's Church  
Freehold, NJ 07728  
732-780-1089  
Mon-Fri 10:00am-2:00pm

**Keyport Ministerium Food Pantry**

10 East Front St.  
Keyport, NJ 07735  
732-888-1986  
Tues & Thurs 9:30am-11:30am

**St. Michael's Food Pantry**

800 Ocean Ave.  
Long Branch, NJ 07740  
732-483-0360 x13  
3rd Saturday of the month 3:30-5:30pm & by appointment

**Reformation Food Pantry**

992 Broadway (Corner of Locust)  
W. Long Branch, NJ 07764  
732-229-9180  
Tues 7:00pm-8:30pm & Sat 8:30am-10:00am

**CHANT Food Pantry**

1301 Corlies Ave. (Rt. 33) Unit 1B  
Neptune, NJ 07753  
732-774-2712  
Mon-Fri 9:00am-1:00pm

**Lunch Break Soup Kitchen**

121 Dr. James Parker Blvd.

Red Bank, NJ 07701

732-747-8577

M, T, Th, F 10:00am-3:00pm; Wed 12:00pm-6:00pm;

Sat 9:00am-12:00pm

**St. Barnabas Pantry**

33 Woodland Rd.

Bayville, NJ 08721

732-269-2208 ext. 107

M, W, F 9:30am-11:15am, Wed 5:30pm-7:15pm by appointment

**Destiny Community Food Pantry**

236 Brick Blvd.

Brick, NJ 08723

732-451-0779

Tues-Thurs 10:00am-2:00pm, Sat 11:00am-2:00pm

**St. Pius Pantry**

300 Lacey Rd.

Forked River, NJ 08731

609-693-6105

Mon & Wed 9:00am-4:00pm, Fri 9:00am-1:00pm

**Island Hgts. UMC Pantry**

111 Ocean Ave.

Island Heights, NJ 08732

732-929-9143

1st and 3rd Tuesday of each month 9:00am-11:00am

**Jackson Baptist Pantry**

360 Bennetts Mills Rd.

Jackson, NJ 08527

732-505-4357

Mon-Fri 9:00am-4:00pm call for an appt.

**Lakehurst United Methodist (mobile site)**

204 Elm St.

Lakehurst, NJ 08733

732-918-2600

1st Tuesday of the month 9:30-10:30am

**St. Mary's of the Lake**

43 Madison Ave.

Lakewood, NJ

732-363-6683

M, W, Th, Sat 9:30am-12:30pm, Tu 1:00pm-4:00pm

**Greater Tuckerton Food Pantry**

148 North Green St. (Rt. 539)  
Tuckerton, NJ 08087  
609-294-4777  
Mon, Thurs, and Sat 9:00am-12:00pm

**Tuckerton Interchurch Pantry**

641 Radio Rd.  
Little Egg Harbor, NJ  
609-296-1345  
Mon-Fri 2:00-4:00pm

**St. Francis Food Pantry**

4700 Long Beach Blvd.  
Long Beach Twp, NJ 08008  
609-494-8861  
M, W, F 10:00am-2:00pm, Tu 10:00am-12:00pm,  
Thurs 4:00pm-6:00pm

**King of Kings Food Pantry**

1000 N. Main St.  
Manahawkin, NJ 08050  
509-597-7177  
Tuesdays 12:00pm-5:00pm

**St. Joseph's Pantry**

685 Hooper Ave.  
Toms River, NJ 08753  
732-349-0018 ext. 2207  
Mon-Fri 10:00am-4:00pm

**St. Stephen's Food Pantry**

367 Route 9  
Waretown, NJ 08758  
609-698-8561  
Mon-Fri 9:00am-12:00pm

**Cedar Run Assembly of God**

562 South Main St. (Route 9)  
West Creek, NJ 08092  
609-597-3225  
Tuesdays 4:00pm-5:30pm

**Free/Low-cost Clothing**



**Clara's Closet @ Lunch Break**

121 Dr. James Parker Blvd.  
Red Bank, NJ 07701  
732-474-8577

T, Th, F 10:00am-3:00pm; Wed 12:00pm-5:00pm; Sat 10:00am-12:00pm

*\*Suited for Success provides business and special occasion attire. By appointment only. Please call 732-747-8577 x3021*

**Redeem Her-Second Chances Thrift Shop**

101 3rd Ave.

Neptune City, NJ 07753

732-776-7006

Mon-Sat 10:00am-5:00pm, Sun 10:30am-5:00pm

*\*Redeem Her is a non-profit organization that helps women transitioning out of prison, jail or rehab.*

**Goodwill: Bayville**

333 Route 9 (Baywick Plaza)

Bayville, NJ 08721

732-269-2902

**Goodwill: Ocean Twp.**

1 North Mall Dr.

Ocean Twp., NJ 07712

732-643-1064

**Project Paul Thrift Shop**

211 Carr Ave.

Keansburg, NJ 07734

732-787-4887

**St. Peter's Thrift Shop**

49 Throckmorton Street

Freehold, NJ 07728

732-462-9264

T,W,F 10:00am-2:00pm

Th, Sat 10:00am-4:00pm

**Black Sheep Thrift Shop**

323 Drum Point Road

Baywood Plaza

Brick, NJ 08723

848-232-2327

**St. Agnes Thrift Shop**

Avenue D & South Ave.

Atlantic Highlands, NJ 07716

732-291-2156

Winter Hours (Labor Day-Memorial Day) are Tuesday-Sat 9:00am-2:00pm

Summer Hours (Memorial Day-Labor Day) are Wednesday-Sat 9:00am-2:00pm

## **Bo's Attic Consignment & Thrift Shop**

455 Route 36

Port Monmouth, NJ 07758

732-787-1150

Mon-Sat 10:00am-5:00pm; Sun 11:00am-5:00pm



## **D. Transportation**

There is no general program that will provide assistance paying for transportation. NJ Transit will no longer accept release papers in substitution for bus tickets. However, you may purchase transit tickets from NJDOC for \$2.00 prior to release, which will assist you with reaching your destination.

Some of the programs listed in this book will provide bus passes to help you participate in a particular program. If you are assigned to a community/social service or reporting program, you may want to ask if the program offers transportation assistance.

For specific bus, rail or train schedules and fares, you may call NJ Transit: (973) 275-5555, NJ Text Telephone: 800-772-2287 or visit the NJ Transit Website: <http://www.njtransit.com> For specific route information on the web site, click on the “trip planner”. For your Monmouth/Ocean County travel convenience, may want to purchase weekly, monthly or discounted transit passes (when applicable).

If you are going to drive places, remember that you **must** have a valid driver’s license and you **must** have insurance for any vehicle that you are driving.

## **TRANSPORTATION FOR THE DISABLED AND SENIOR CITIZENS**

Transportation is generally geared toward seniors, disabled, individuals with AIDS or HIV and others with significant needs. Some agencies provide transportation for their program participants only. Contact the agencies below to determine eligibility requirements.

### **Monmouth County Division of Transportation**

250 Center Street

Freehold, NJ 07728

Phone: 732-431-6480

Bus/Train Information: 732-780-1121

### **Ocean County Ocean Ride**

877-929-2082 or 732-736-8989

[www.co.ocean.nj.us](http://www.co.ocean.nj.us)

**Office of Amtrak Access**  
800-872-7245

**Greyhound Customers with Disabilities Travel Assistance Line**  
800-752-4841



## **E. Money**

Once you are released from custody, you will need a source of income until you can find a job. (see section on “Finding a Job” for job seeking information).

**The DOC does not provide any “gate money,” except for the money you may have in your inmate account. If it is possible to save any money before you are released, you should try to do so.** Parole may give emergency funds, based on needs, but it’s at their discretion—as your parole officer about this.

You may be eligible to get some sort of public assistance (welfare), not everyone qualifies for this. Listed below are some basics on seeking and applying for benefits.

### **Work First New Jersey Program (WFNJ)**

**WFNJ** provides cash benefits (General Assistance) for single people and Temporary Assistance for Needy Families for people who have custody of their children. Both programs will require you to work or actively look for work and both have a five-year lifetime limit. Work First New Jersey also has an Emergency Assistance program that you may qualify for if you are homeless or at risk of becoming homeless: it can pay for things like food, clothing and transportation costs to look for housing, but also utility payments and temporary rental or mortgage payment assistance. You can contact your social worker for more information.

**FYI:** Please call your local office to verify what the eligibility requirements are for obtaining General Assistance.

### **NJ SNAP (formerly Food Stamps)**

You may apply for NJ SNAP while applying for GA/TANF. If you were convicted after August 22, 1996 of a drug distribution or sales offense, you may still be able to get NJ SNAP if you have completed or are enrolled in a licensed drug treatment program, or completed a program in prison and are drug free (you will be tested). Same goes for possession offenses. Please contact the Division of Welfare in Hudson County to inquire.

**Monmouth County Division of Social Services**

3000 Kozloski Rd.

Freehold, NJ 07728

Phone: 732-431-6000

For clients only: 800-662-3114

Fax: 732-431-6266

Hours: Mon-Fri 8:30am-4:30pm; evening hours on Thursday  
from 4:30pm-8:00pm

**Ocean County Board of Social Services**

1027 Hooper Ave.

Buildings 3, 4, 5 & 7

Toms River, NJ 08753

Phone: 732-349-1500

Emergency/after hours: 732-240-6100 / 609-693-5834



**F: Veterans Benefits**

If you were receiving veteran's benefits, either for disability or a pension, and you were incarcerated for more than 60 days, you will have to get reinstated after you are released. If you were not receiving benefits and you are a veteran, you may be eligible for benefits or for other programs and services, including health care. You can contact the Veterans Administration for questions about benefits at 800-827-1000; the health benefit number is 877-222-VETS. The 24-hour veterans mental health hotline is **1-866-VETS-NJ4U**.

**The closest VA Benefit Administration is located at:**

110A Meadowlands Parkway, Suite 102

Secaucus NJ 07094

201-223-7787

**Regional Office**

20 Washington Pl., 3<sup>rd</sup> Floor

Newark, NJ 07102

973-645-1441

**The nearest Veterans Services Office is located at:**

**Monmouth County Veterans Affairs Office**

3000 Kozloski Road

Freehold, NJ 07728

Phone: 732-683-8675

Fax: 732-683-8676

Contact: Sue Moleon, Director, Veterans Services



## Ocean County Veterans Service Bureau

1027 Hooper Ave., 1st Floor  
Toms River, NJ 08754  
732-929-2096

The following are some websites that can assist you in looking for information about veteran services:

Federal Veterans Information:

[www.va.gov](http://www.va.gov)

Info for NJ Veterans:

[www.vetsinfo.com](http://www.vetsinfo.com)

New Jersey Dept. of Veterans Affairs: [www.state.nj.us/military](http://www.state.nj.us/military)

New Jersey Veterans Guide:

[www.state.nj.us/military/veterans/njguide](http://www.state.nj.us/military/veterans/njguide)

VA Home Loans:

[www.homeloans.va.gov](http://www.homeloans.va.gov)

Veterans Counseling Service Center:

[www.va.gov/rcs/newjersey/html](http://www.va.gov/rcs/newjersey/html)

**Be aware that the VA takes considerable time to make decisions. On average, it can take 273 days to process a new application for benefits.**

**OTHER BENEFIT PROGRAMS:** You may be eligible for other cash benefits, including Supplemental Security Income (SSI) disability benefits (if you are seriously disabled and cannot work) call 1-800-772-1213 and the Women's, Infants, Children (WIC) program, which gives food vouchers to low-income parents. You can inquire about WIC at the city and county welfare offices.

## **Taking Care of Yourself: Getting Support**

The transition from prison back to society may take some time to get adjusted and we want to provide you with options to lessen the burden. Taking care of your mind and body will be important for your success. Below are a few places to that may be of assistance.

## **Taking Care of Yourself: LGBTQ+ Resources**



### **Garden State Equality**

Garden State Equality lifts up the diverse voices of LGBTQ+ communities through education and advocacy to advance the movement for equality in New Jersey and nationally.

Are you a Trans person who needs help changing your name in New Jersey? Garden State Equality is here to help! Learn more about **updating identification documents** at GSE's website:

<https://www.gardenstateequality.org/take-action/update-id/>

1408 Main Street  
Asbury Park, New Jersey 07712  
<https://www.gardenstateequality.org/>  
(973) 509-5428

### **Equality Federation**

Equality Federation is an advocacy accelerator rooted in social justice, building power in our network of state-based lesbian, gay, bisexual, transgender, and queer (LGBTQ+) advocacy organizations.

[equalityfederation.org](http://equalityfederation.org)

### **The Pride Center of New Jersey**

The mission of Pride Center of New Jersey is to provide a safe and welcoming space for all individuals who identify as LGBTQ+ to find support, educational tools, health and education resources, and social opportunities within a community of acceptance. Free HIV testing.

85 Raritan Avenue, Suite 100  
Highland Park NJ, 08904-2430  
(732) 846-2232  
[info@pridecenter.org](mailto:info@pridecenter.org)

### **NJ Gay Life**

Lists events throughout New Jersey to connect the LGBTQI+ community. Online directory of New Jersey businesses and a support group calendar organized by issues and geographic locations.

[NJGayLife.com](http://NJGayLife.com)  
PO Box 224, Metuchen, NJ 08840.

## **Parents, Families and Friends of Lesbians and Gays (PFLAG)**

The PFLAG mission is to build on a foundation of loving families united with LGBTQI+ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQI+ people. To find a local chapter visit: <https://pflag.org/find-a-chapter>

Main Phone: (202) 467-8180

Fax: (202) 467-8194

## **Human Rights Campaign**

Advocates for LGBTQI+ Americans, mobilizes grassroots action, and educates the public about LGBTQI+ issues.

[www.hrc.org](http://www.hrc.org)

## **SAMHSA Substance Abuse and Mental Health Service Administration**

Resources on the LGBTQI+ population include national survey reports, agency and federal initiatives, and related behavioral health resources from the U.S. Department of Health and Human Services.

### **Find Help and Treatment**

The National Helpline provides 24-hour free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English and Spanish.

**SAMHSA's National Helpline**

800-662-HELP (4357)

TTY: 800-487-4889

For additional information on finding help and treatment options, visit [www.samhsa.gov/find-treatment](http://www.samhsa.gov/find-treatment).

For general questions about SAMHSA, including information about mental and substance use disorders:

[SAMHSAInfo@samhsa.hhs.gov](mailto:SAMHSAInfo@samhsa.hhs.gov)

877-SAMHSA-7 (726-4727)

TTY: 800-487-4889

## **Edge New Jersey**

The mission of EDGE New Jersey is to respond compassionately and responsibly to the HIV+ and LGBTQI+ communities by providing supportive services, housing opportunities, prevention strategies and education to enhance the community we serve. The vision of EDGE is to empower those we serve to achieve a healthy, safe and self-sufficient life, providing the resources to positively influence their community.

**CAN Clinic (Temporary)**

3155 NJ State Route 10, Suite 204  
Denville, NJ 07834  
973-370-3130

**EDGE CAN Wellness Center**

295 East Main St  
Denville, NJ 07834  
973-285-0006

**Hudson Pride Center** Hudson Pride serves as an advocate and social service provider for both the LGBTQI+ and HIV/AIDS communities in Hudson County.

205 Brunswick St  
Jersey City, NJ 07302

NHCAC Health Center  
2nd Floor, 714 31st St  
Union City, NJ 07087  
(201) 963-4779  
[info@hudsonpride.org](mailto:info@hudsonpride.org)

**PROUD Gender Center of New Jersey**

At Robert Wood Johnson University Hospital (RWJUH) New Brunswick it is a top priority to optimize health and well-being for every patient. The **LGBTQIA Program** is firmly rooted with that purpose in mind.

In full support of the transgender community, RWJUH provides a full suite of specialized services designed to bring you to the best “you” you can be.

At the Center, a multidisciplinary team of family medicine physicians, gynecologists, urologists, endocrinologists, plastic surgeons and otolaryngologists provides specialized care for LGBTQ patients. Hormone therapy and surgical procedures are offered to support the transition of transgender patients.

[181 Somerset St., 2<sup>nd</sup> Floor](#)  
[New Brunswick, NJ 08901](#)  
1-833-BH-PROUD (1-833-247-7683)

**Lambda Legal**

Founded in 1973, Lambda Legal is the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work.

As a 501(c)3 nonprofit organization, we do not charge our clients for legal representation or advocacy, and we receive no government funding.

**National Headquarters**  
120 Wall Street, 19th Floor  
New York, NY 10005-3919  
212-809-8585

**QSpot LGBT Community Center**

QSpot fosters the health, well-being and pride of NJ's LGBT and allied community by providing resources, referrals, education, and outreach. QSpot works tirelessly to fulfill its mission while operating a safe and welcoming LGBT community center.

1601 Asbury Ave, Asbury Park, NJ 07712  
(732) 455-3373

**HOTLINES /CRISIS INTERVENTION**

The National Helpline provides 24-hour free and confidential referrals and information about mental and/or substance use disorders, prevention, treatment, and recovery in English and Spanish.

**SAMHSA's National Helpline**  
**800-662-HELP (4357)**  
**TTY: 800-487-4889**

**Crisis Intervention/Suicide Prevention**

**The Trevor Project: (866) 488-7386**

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

**National Suicide Prevention Lifeline: (800) 273-8255 (online chat available)**

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

**Crisis Text Line: Text START to 741-741**

Crisis Text Line is free, 24/7 support for those in crisis. Text from anywhere in the USA to text with a trained Crisis Counselor.

**The Gay, Lesbian, Bisexual and Transgender National Hotline: (888) 843-4564**

The GLBT National Youth Talkline (youth serving youth through age 25): (800) 246-7743

Both provide telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.

**Trans Lifeline: (877) 565-8860**

Trans Lifeline is a trans-led organization that connects Trans people to the community, support, and resources they need to survive and thrive.

**National AIDS Hotline (800) 342-AIDS / (800) 344-7432 (Spanish) / (800) 243-7889 (TDD)**  
**Other Hotlines**

**U.S. National Domestic Violence Hotline: (800) 799-7233 (English and Spanish) (800) 787-3224 (TTY)**

They also have an online chat feature available. Operating around the clock, seven days a week, confidential and free of cost, the National Domestic Violence Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Highly trained, experienced advocates offer compassionate support, crisis intervention information and referral services in over 170 languages.

**Pride Institute: (800) 547-7433 24/7**

Chemical dependency/mental health referral and information hotline for the LGBTQ community.

**Rape Abuse and Incest National Network (RAINN): (800) 656-HOPE / (800) 810-7440 (TTY)**

The nation's largest organization fighting sexual violence, RAINN also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice.

**Support for victims and survivors of sexual violence  
Hotline: 1-866-295-SERV (7378)**

## **Taking Care of Yourself: COVID-19 Testing and Vaccine**

### **COVID-19 Testing and Vaccine**

**Call 211 for General COVID-19 Questions and information on how to stay safe, test sites, financial assistance, unemployment, donations, food, and other non-medical needs. (24/7)**

**Call 1-800-962-1253 (24/7) to speak to a healthcare professional at the NJ Poison Control Center**

## about symptoms, when to seek medical attention and proper steps to take if exposed to COVID-19.

Call (COVID-19 Vaccination and Testing): [1-855-568-0545](tel:1-855-568-0545) (10a-6p, M-F; 10a-4p, Sa)

Call (Medical COVID-19 Questions): [1-800-962-1253](tel:1-800-962-1253) (24/7)

There are multiple ways to get a COVID-19 vaccine including:

1. Use the [NJ Vaccine Appointment Finder](#) to find available vaccination appointments near you or sites with walk-in vaccinations (no appointment needed).
2. Register with the [NJ Vaccine Scheduling System](#) to be notified when an appointment is available to you at vaccination locations that use the State's Vaccine Scheduling System.
3. Seniors 65+ can call the senior-specific hotline at **855-429-1168** from 8am to 8pm to schedule dedicated vaccine appointments
4. Many VA facilities and clinics are offering vaccines to veterans, their spouses, and their caregivers.



## Taking Care of Yourself: Health Care Resources

It is very important that you pay close attention to your aftercare once you are released from custody. Change in your daily routine cause a certain level of stress. Stress along with any medical condition may worsen if routine monitoring and treatment are not available. Therefore the resources listed below provide information on paying for health care, clinic visits and other resources in Monmouth and/or Ocean County.

Prior to your release, you will be given the opportunity to apply for Medicaid through the Affordable Health Care Act (ACA). ACA allows those with little or no income to be eligible for Medicaid under the new law. New Jersey residents complete an application for New Jersey Family Care and out of state residents complete an application for the Healthcare Marketplace. Applying for healthcare while at NJDOC allows enough time for processing to be completed and a health

insurance card to be mailed to your residence with coverage beginning the day of your release. For more information regarding the Affordable Care Act and Medicaid, please contact your social worker or visit [www.njfamilycare.org](http://www.njfamilycare.org) or [www.healthcare.gov](http://www.healthcare.gov). Below is some information regarding traditional Medicaid.

### **A. Health Care Benefits: Am I eligible?**

In New Jersey, the **Medicaid** program provides health care benefits for some low-income people. If you gain custody of children under 18 when you are released, you may qualify if you are; *single, head of house and unemployed, or existing earnings are not enough to support the household* Other eligibility requirements include low-income status, over age 65, blindness, or inability to work due to a disability.

If you are disabled and are applying for SSI, you will also be screened for Medicaid at that time. If you qualify for General Assistance benefits, you will get some very basic health care benefits through Medicaid (Plan G). **Medicaid is a separate program from GA or TANF, so you don't have to be eligible for those benefits to qualify for Medicaid.**

For questions about Medicaid eligibility, or to apply for Medicaid in Monmouth and/or Ocean County go to:

#### **Monmouth County Division of Social Services**

3000 Kozloski Rd.

Freehold, NJ 07728

Phone: 732-431-6000

For clients only: 800-662-3114

Fax: 732-431-6266

Hours: Mon-Fri 8:30am-4:30pm; evening hours on Thursday  
from 4:30pm-8:00pm

#### **Ocean County Board of Social Services**

1027 Hooper Ave.

Buildings 3, 4, 5, & 7

Toms River, NJ 08753

Phone: 732-349-1500

Fax: 732-244-8075

Hours: Mon-Fri 8:30am-4:30pm

If you are a veteran, you may be eligible for health care benefits through the **Veterans Administration**, which provides a "Medical Benefits Package" for enrolled veterans. You may call 877-222-VETS for more information about eligibility and applying for benefits.



If you are HIV+ or have AIDS, you may also be eligible for the **AIDS Drug Distribution Program (ADDP)**, which provides help paying for HIV/AIDS medication for people who do not have other ways of paying. **You can apply for this program before you are released.** Contact the **Aids Drug Distribution Program** at 609-588-7038 or toll free 877-613-4533, Mon-Fri 8am-5pm to apply.

**Easter Seals New Jersey** provides information, referrals and loans of medical equipment (including wheelchairs) to people in need. For information call 732-257-6662.



## **B. General HealthCare Providers**

Even if you do not have Medicaid or other health insurance and benefits, here are some facilities that provide primary health care at low cost, sliding scale or free service. They are listed below. Most hospitals have charity care, for which you can inquire about during a hospital emergency room visit.

### **MONMOUTH COUNTY HEALTHCARE LOCATIONS**

#### **Monmouth Family Health Center**

270 Broadway

Long Branch, NJ 07740

732-923-7100

*Adult Medicine hours:* Mon & Wed 8:00am-7:00pm; Tues,

Thurs, Fri 8:00am-5:00pm; Sat 8:00am-4:00pm

*Pediatric Care hours:* Mon-Fri 8:00am-5:00pm

*Podiatric Medicine hours:* Wed & Thurs 8:30am-11:30am

*HIV Specialty Services hours:* Mon-Fri 8:30am-5:00pm

#### **Monmouth Family Health Center-Women's Wellness Center**

80 Pavilion Ave.

Long Branch, NJ 07740

732-413-2030

Mon-Thur 8:00am-4:30pm

Site provides gynecological care, birth control and counseling, menopausal medicine, breast health screenings, general and high risk prenatal care, pregnancy tests and confirmation, childbirth preparation, postpartum care, postpartum depression screening and treatment, certified HealthStart provider

#### **Parker Family Health Center**

211 Shrewsbury Ave.

Red Bank, NJ 07701

732-212-0777

Hours: Mon & Wed 9:00am-6:00pm; Tues & Thur 9:00am-4:30pm; Fri 9:00am-4:00pm; Sat 8:00am-12:00pm

Provides pre-employment and school physicals, immunizations and well-child care, children's dental screenings, women's health care, chronic disease management, hypertension clinic, adult immunizations, vision screening, affordable prescription medications, social service referrals and cancer screening (through NJCEED).

Visiting Nurse Association of Central Jersey Community Health Centers (4 locations)

**CHC of Asbury Park**

1301 Main St.

Asbury Park, NJ 07712

Phone: 732-774-6333

Fax: 732-774-0313

Hours: M,T, Th 8:00am-6:00pm; Wed 8:30am-5:00pm; Fri 8:30am-4:30pm and Sat 8:00am-1:00pm

**Keyport Primary Care Center**

35 Broad St.

Keyport, NJ 07735

Phone: 732-888-4149

Fax: 732-264-0799

Hours: M, Th, F 8:30am-4:30pm; Tues 10:00am-6:00pm; Wed 8:30am-4:30pm and Sat (Prenatal day only) 8:00am-1:00pm.

**Keansburg Community Health Center**

100 Main St.

Keansburg, NJ 07734

Phone: 732-787-1250

Fax: 732-787-4079

Hours: Mon-Fri 8:30am-4:30pm

**Red Bank Community Health Center**

176 Riverside Ave.

Red Bank, NJ 07701

Phone: 732-219-6620

Fax: 732-219-6625

Hours: M, T, Th, F 8:30am-4:30pm; Wed 9:00am-5:00pm

**OCEAN COUNTY HEALTHCARE LOCATIONS**

**CHEMED**

1771 Madison Ave.

Lakewood, NJ 08701

Phone: 732-364-2144 or 732-364-6666

Fax: 732-253-4011

Services: internal medicine, pediatrics, dentistry, behavioral health, women's health, specialty care (cardiology & endocrinology), LRRC social services and a pharmacy.

\*Call for hours of operation

**Coastal Volunteers in Medicine**

349 South Main St., Suite 8  
Barnegat, NJ 08005  
Phone: 609-384-0102  
Fax: 1-888-972-7314

Services: outpatient primary medical care, preventative medical care, referrals for specialized services, adult health literacy programs, navigators for patient during treatment, translation and interpretation services and prescription assistance.  
Hours; Tu, W, Th 10:00am-2:00pm

**Ocean Health Initiatives, Inc. (4 Locations)**

Lakewood Health Center

101 2nd Street  
Lakewood, NJ 08701  
Hours: M, Th, F 8:00am-5:30pm; T, W 8:00am-8:00pm  
\*For appointments call: 732-363-6655

Toms River Health Center

301 Lakehurst Rd.  
Toms River, NJ 08755  
Hours: M, T, W, F 8:00am-5:30pm, Th 8:00am-8:00pm  
\*For appointments call: 732-363-6655

Manahawkin Health Center

333 Haywood Rd.  
Manahawkin, NJ 08050  
Hours: M-F 8:00am-4:30pm  
\*For appointments call: 732-363-6655

Manchester Health Center

686 Route 70  
Lakehurst, NJ 08733  
Hours: M-F 8:30am-5:00pm  
\*For appointments call: 732-363-6655  
Services: behavioral health, dental, family medicine, internal medicine, OB/GYN, pediatrics, podiatry and social services.

**HOSPITALS IN MONMOUTH AND OCEAN COUNTY**

**Bayshore Community Hospital**

727 North Beers Street  
Holmdel, NJ 07733-1598  
Phone: 732-739-5900  
Fax: 732-739-5887

**Monmouth Medical Center**

300 Second Ave.  
Long Branch, NJ 07740

Phone: 732-222-5200  
Fax: 732-823-7570

**Ocean Medical Center**  
425 Jack Martin Blvd.  
Brick, NJ 08724  
732-840-2200

**CentraState Healthcare System**  
901 West Main Street  
Freehold, NJ 07728  
Phone: 732-431-2000  
Fax: 732-462-5129

**Riverview Medical Center Division**  
1 Riverview Plaza  
Red Bank, NJ 07701  
Phone: 732-741-2700  
Fax: 732-224-8408

**Jersey Shore Medical Center**  
1945 Route 33  
Neptune, NJ 07754  
Phone: 732-775-5500  
Fax: 732-776-4583

**FYI:** All of these centers accept Medicaid and some insurance plans, but also provide services on a sliding scale basis, additional fees for x-rays and lab work. Primary and preventative care. Staff there may help you apply for Medicaid, charity care or other benefits if you are eligible.

**Monmouth County Health Department**

3435 Highway 9  
Freehold, NJ 07728  
Phone: 732-431-7456  
Fax: 732-409-7579

**Ocean County Health Department**

175 Sunset Ave.  
Toms River, NJ 08754  
Toll free: 800-342-9738  
Phone: 732-341-9700  
Hours: 8:00am-5:00pm

**Family Planning Centers in Monmouth & Ocean County  
Area:**

**Planned Parenthood  
Freehold Center**

800 W. Main St.  
Freehold, NJ 07728  
Phone: 732-431-1717  
Fax: 732-431-4846

Hours: Mon 11:30am-7:00pm; Wed & Fri 8:30am-4:00pm  
Services include abortion services, birth control, HIV testing,  
LGBT services, men's health care, Morning-After Pill  
(emergency contraception), pregnancy testing & services, STD  
testing, treatment & vaccines and women's health care.

**Shrewsbury Center**  
69 East Newman Springs Rd.  
PO Box 95  
Shrewsbury, NJ 07702  
Phone: 732-842-9300  
Fax: 732-842-9338

Hours: Mon & Tues 9:00am-4:30pm; Wed 10:30am-6:00pm;  
Thurs 11:00am-7:30pm, Fri 10:00am-4:00pm; Sat 8:00am-  
3:00pm

Services offered: abortion services, birth control, HIV testing,  
LGBT services, men's health care, morning-after pill (emergency  
contraception), pregnancy testing & services, STD testing,  
treatment & vaccines, women's health care.

### **Family Planning Center of Ocean County**

Lakewood Office  
290 River Ave.

Lakewood, NJ 08701  
Phone: 732-364-9696  
TTY: 732-364-0448

Hours: M, T, Th 9:00am-8:00pm; W, F 9:00am-4:30pm

Manahawkin Office

1173 Beacon Ave., Suite B  
Manahawkin, NJ 08050  
Phone: 609-597-6094

Hours: Wednesday 12:00pm-7:00pm

## **C. Services for People with HIV/AIDS**

In addition to the clinics listed above, a number of places in  
Monmouth County offer care and support services specifically  
for those living with HIV and AIDS.

### **HIV & AIDS Ambulatory Care Clinic (A-Team)**

Jersey Shore University Medical Center  
1828 West Lake Ave., Suite 203  
Neptune, NJ 07753  
732-776-4700

**The Center in Asbury Park, Inc.**

806 3<sup>rd</sup> Ave.  
Asbury Park, NJ 07712  
732-774-3416  
Office hours: Mon-Fri 10:00am-4:00pm

**Beacon House**

1410 6<sup>th</sup> Ave.  
Neptune, NJ 07753  
732-502-9245  
Office hours: 24/7

**Catholic Charities**

238 Neptune Blvd., Suite 2B  
Neptune, NJ 07753  
732-879-7701 x111  
Office hours: Mon-Thurs 8:30am-8:30pm; Fri 8:30am-4:30pm

**Check-Mate, Inc.**

910 4<sup>th</sup> Ave.  
Asbury Park, NJ 07712  
732-774-3220  
Office hours: Mon-Fri 9:00am-4:30pm

**Lakewood Resource and Referral Center, Inc.**

1771 Madison Ave.  
Lakewood, NJ 08701  
Phone: 732-364-2144 ext. 206  
Fax: 732-364-3559  
Hours: Mon-Thurs 8:30am-9:00pm, Fri 8:30am-2:00pm, Sat by  
appointment only, Sun 8:30am-6:00pm

**Community Medical Center**

99 Route 37 West  
Toms River, NJ 08755  
Phone: 732-557-8000  
Fax: 732-557-8956  
Hours: Mon-Fri 7:00am-4:30pm

**Ocean County Health Department**

175 Sunset Ave.  
Toms River, NJ 08754  
Phone: 732-341-9700  
Fax: 732-341-5461  
Hours: M, W, F 8:00am-5:00pm, Tues 8:00am-9:00pm

**Freehold Twp. Health Department**

1 Municipal Plaza  
Freehold, NJ 07728  
732-294-2060  
Office hours: Mon-Fri 8:30am-4:30pm

**Long Branch Dept. of Health**

344 Broadway  
Long Branch, NJ 07740  
732-571-5665  
Office hours: Mon-Fri 8:30am-4:30pm

**Manalapan Twp. Department of Health**

120 Route 522 & Taylor Mills Rd.  
Town Hall  
Manalapan, NJ 07726  
732-446-8345  
Office hours: Mon-Fri 8:30am-4:30pm

**Middletown Twp. Health Department**

1 Kings Highway  
Middletown, NJ 07748  
732-615-2095  
Office hours: Mon-Fri 8:00am-5:00pm

**Monmouth County Health Department**

3435 US Highway 9  
Freehold, NJ 07728  
732-431-7456  
Office hours: Mon-Fri 8:30am-4:30pm

**NJ AIDS/STD Hotline**

1-800-624-2377 – 24 hours/day  
1.800.433.0254  
Live Text: Send a test message to [8006242377@njpies.org](mailto:8006242377@njpies.org)  
Live Chat: visit the webpage [www.njhivstdline.org](http://www.njhivstdline.org)  
The hotlines provide referrals, general information, counseling,  
testing locations and treatment information.

**Rapid Testing Centers**

**Asbury Park**

**Check-Mate, Inc.**

910 4th Ave.  
Asbury Park, NJ 07712  
732-774-3100 ext. 124

**Jersey Shore Addiction Services**

1200 Memorial Drive  
Asbury Park, NJ 07712  
732-988-8877

**Visiting Nurse Association of Central Jersey-Community Health Center**

1301 Main St.  
Asbury Park, NJ 07712  
732-774-6333

**Visiting Nurse Association of Central Jersey-HIV Prevention Services**

816 Sunset Ave.  
Asbury Park, NJ 07712  
732-502-5100

Freehold

**Planned Parenthood of Central New Jersey-Freehold**

800 W. Main Street  
Freehold, NJ 07728  
732-431-1717

Lakewood

**Family Planning of Ocean County**

290 River Ave.  
Lakewood, NJ 08701  
732-364-9696

**Ocean Health Initiatives**

101 2nd St.  
Lakewood, NJ 08701  
732-363-6655

Manahawkin

**Ocean Health Initiatives**

333 Haywood Rd.  
Manahawkin, NJ 08050  
609-489-0110

Neptune

**Monmouth Regional Screening Center**

1828 West Lake Ave., Suite 202  
Neptune, NJ 07753  
732-869-5740

**Jersey Shore medical Center Emergency Department**

(for emergency department patients only)  
1945 Route 33  
Neptune, NJ 07753  
732-775-5500

Shrewsbury

**Planned Parenthood of Central New Jersey-Shrewsbury**

69 E. Newman Springs Rd.  
Shrewsbury, NJ 07702  
732-842-9300



Toms River  
**Ocean County Health Department**  
175 Sunset Ave.  
Toms River, NJ 08753  
732-341-9700 ext. 7604

**Ocean Health Initiatives**  
301 Lakehurst Rd.  
Toms River, NJ 08753  
732-552-0377

### **D. Services for People With Tuberculosis and Hepatitis C**

In addition to the general medical care facilities listed above, there are a few services especially for people with tuberculosis and hepatitis C.

**Rutgers Global TB Institute**  
NJ Medical School-Clinical Services  
225 Warren St.  
Newark, NJ 07103  
973-672-6232

**Tuberculosis Program**  
50 East Street, 3<sup>rd</sup> Floor  
P.O. Box 363  
Trenton, NJ 08625-0363  
609-826-4878

## **E. Dental Care**



The locations listed below don't provide free care, but do have a sliding scale for those without insurance. Waiting lists can be long.

**NJ Family Care** is available to certain low income parents. In addition to health benefits dental and eyeglasses are offered. For children this service is free. In order to check for eligibility, please call 1-800-701-0710

### **Jersey Shore University Medical Center**

1828 West Lake Ave.

Neptune, NJ 07753

732-869-5736

Mon-Fri 8:00am-4:00pm

Services: preventative, restorative, prosthodontics, pedodontics, oral surgery, endodontics and orthodontics.

Payment methods: charity care, Medicaid, self-pay and sliding scale.

### **Monmouth Family Health Center**

300 2nd Ave.

Long Branch, NJ 07740

732-923-6585

Mon-Fri 8:00am-5:00pm; Sat 8:30am-4:00pm

Services: preventative, restorative, pedodontics, oral surgery and endodontics.

Payment methods: Medicaid, self-pay and sliding scale.

### **Ocean Health Initiatives, Inc. (2 locations)**

#### Lakewood Health Center

101 2nd St.

Lakewood, NJ 08701

#### Toms River Health Center

301 Lakehurst Rd.

Toms River, NJ 08755

Phone: 732-363-6655

Services: general dentistry care, cleanings and screenings, routine checkups beginning at 12 months, fluoride treatments, sealants, extractions, x-rays, treatment of gum disease and removal of decayed teeth.

## **F. Mental Health and Substance Abuse Resources**

**FYI:** Drug addiction can be fatal to your health, not to mention illegal and can result in jail time. In order to be successful in society seeking services for a drug or alcohol addiction will be necessary. Many of the health clinics, support centers and other resources listed in this guide can help refer you to treatment that most fit your needs. Listed below are some of Monmouth &

Ocean County's treatment resources and each of these will also help with referrals if they cannot help you. If you want treatment, you should also ask your parole officer for help — beds in treatment facilities are hard to come by, and they can help get you in. There are Narcotics Anonymous (NA) and Alcoholics Anonymous (AA) support group meetings all over Monmouth County. To find a meeting near you, call 866-920-1212 (for AA) or 800-992-0401 (for NA). For other self-help group resources, call the New Jersey Self Help Clearinghouse at 800-367-6274. Also, you can call the Addictions Hotline of NJ at 800-238-2333.

**FYI:** Each county has a mental health administrator. When you call this person they will provide you with the names and phone numbers closest to your area to provide services that fit your needs.

**The Mental Health Administrators Office for Monmouth and Ocean County are:**

Assistant Director  
PO Box 3000 Kozloski Rd.  
Freehold, NJ 07728  
732-431-7200  
Mon-Fri 8:30am-4:30pm

Mental Health Administrator  
Dept. of Human Services  
1027 Hooper Ave., Building 2  
Toms River, NJ 08754  
732-506-5374

**Detoxification Centers in NJ**

**Aldie Counseling Center**  
2291 Cabot Boulevard West  
Langhorne, PA 19047  
215-642-3230

**Behavioral Crossroads Recovery, LLC**  
509 South Blackhorse Pike (Rt 168)  
Turnersville, NJ 08012  
609-964-4061 ext. 2

**Burlington Comp Counseling Inc.**  
75 Washington Street  
Mount Holly, NJ 08060  
609-267-3610

**Carrier Clinic**  
252 County Route 601

Belle Mead, NJ 08502  
908-281-1000

**Hunterdon Med Center/Addictions Treatment Services**

2100 Wescott Drive  
Flemington, NJ 08822  
908-788-6401

**Jersey City Medical Center**

355 Grand Street  
Jersey City, NJ 07302  
201-915-2281

**Kaleidoscope Health Care, INC**

75 Harrison Avenue  
Jersey City, NJ 07304  
201-451-5425

**Livengrin Foundation Inc.**

4833 Hulmeville Road  
Bensalem, PA 19020  
215-638-5200

**New Horizon Treatment Services Inc.**

132 Perry Street  
Trenton, NJ 08618  
609-394-8988

**New Pathway Counseling Services**

995 Broadway  
Bayonne, NJ 07002  
201-436-1022

**Princeton House Behavioral Health**

905 Herrontown Road  
Princeton, NJ 08540  
609-497-3300

**Somerset Treatment Services**

118 West End Avenue  
Somerville, NJ 08876  
908-722-1232

**Spectrum Health Care, INC**

74-80 Pacific Avenue  
Jersey City, NJ 07304  
201-860-6100

**Summit Behavior Health**

4065 Quakerbridge Road

Princeton Junction, NJ 08550  
609-651-4001

**Today Inc.**

1990 North Woodbourne Road  
Newtown, PA 18940  
215-968-4713

**Turning Point, INC.**

595 County Avenue  
Secaucus, NJ 07096  
973-239-9400

**Outpatient and Residential Treatment in Monmouth County**

**CPC Behavioral Healthcare**

270 Highway 35  
Red Bank, NJ 07701  
732-842-2000  
Outpatient services

**CPC Behavioral Healthcare**

Aberdeen Counseling Center  
1088 Highway 34  
Aberdeen, NJ 07747  
732-290-1700  
Partial care and outpatient services

**CPC Behavioral Healthcare**

22 Court St.  
Freehold, NJ 07728  
732-780-2012  
Integrated case management services

**Jersey Shore Medical Center**

Parkway 100  
3535 Rt. 66--Building 5  
Neptune, NJ 07753  
732-643-4400  
Outpatient and partial care services

**Monmouth Medical Center**

75 North Bath Ave.  
Long Branch, NJ 07740  
732-923-6500  
Partial care and outpatient services

**Riverview Medical Center**

Booker Behavioral Health  
661 Shrewsbury Ave.

Shrewsbury, NJ 07702  
732-345-3400  
Outpatient and partial care services

**Easter Seal Society of NJ**

615 Hope Road  
Victoria Plaza  
Eatontown, NJ 07712  
732-380-0390  
Residential services

**Declarations**

345 Union Hill Rd., Building 2, Suite C  
Manalapan, NJ 07726  
732-792-6990  
Residential services

**High Focus Centers**

6 Paragon Way, Suite 104  
Freehold, NJ 07728  
866-463-9804  
Intensive outpatient program and partial hospitalization services

**Catholic Charities-Project Free**

238 Neptune Blvd.  
Neptune, NJ 07753  
732-897-7701  
Outpatient, intensive outpatient and partial care addiction services

**Community Rehab, Inc.**

3443 Route 9  
Freehold, NJ 07728  
732-462-5553  
Outpatient, intensive outpatient and partial care addiction services

**Endeavor House**

6 Broadway  
Keyport, NJ 07735  
732-264-3824 x101  
Outpatient, intensive outpatient and residential addiction services.

**Recovery Innovations**

1 Corbett Way  
Eatontown, NJ 07724  
732-380-7061  
Outpatient, intensive outpatient and partial care services

## **Outpatient and Residential Treatment in Ocean County**

### **Barnabas Behavioral Health Center**

1691 Route 9  
Toms River, NJ 08754  
732-914-1688  
Inpatient services

### **The Counseling Center at Toms River**

1198 Lakewood Road, Suite 101  
Toms River, NJ 08753  
Phone: 732-736-6559  
Fax: 732-797-2388  
Outpatient, intensive outpatient and dual diagnosis  
services/programs

### **Toms River Drug Treatment Centers**

1258 Hooper Ave., Suite 322  
Toms River, NJ 08753  
732-608-2260  
Inpatient medical detox, inpatient rehabilitation, residential rehab,  
acupuncture therapy, equine therapy, pain management and yoga

### **Seashore Family Services of New Jersey**

#### **(2 locations)**

#### **Administration/Brick**

35 Beaverson Blvd.  
Bldg. 8 Suite 8A  
Brick, NJ 08723  
732-920-2700 or 732-477-3507

#### **Toms River**

226 Main St.  
Toms River, NJ 08753  
732-244-1600  
Family counseling, substance abuse services, and anger management  
programs

### **Lighthouse Recovery**

Lighthouse at Manahawkin  
Cedar Bridge Plaza, 400 North Main St., Suite 2  
Manahawkin, NJ 08050  
609-489-0787  
Outpatient services

### **Preferred Behavioral Health**

700 Airport Rd.  
Lakewood, NJ 08701  
732-367-4700  
Co-occurring services (mental illness & substance abuse)

**The Center, Co-Occurring Partial Care Program**  
5 Airport Rd.  
Lakewood, NJ 08701  
732-961-9666

**Ocean Mental Health Services (2 Locations)**

Berkeley Center Office

160 Atlantic City Blvd.  
Bayville, NJ 08721  
732-349-5550

Manahawkin Outpatient Office

81 Nautilus Drive  
Manahawkin, NJ 08050  
609-597-5327

Outpatient and adult partial care services

**St. Francis Counseling Service**

4700 Long Beach Blvd.  
Long Beach Twp, NJ 08008  
609-494-8861 or 609-494-1554  
Outpatient counseling services

**Lakewood Community Service Corp.**

500 West Kennedy Blvd.  
Lakewood, NJ 08701  
732-901-6001  
Outpatient counseling services

**FYI:** While the medical care and drug treatment and/or detoxification facilities listed above may be able to assist you with medication for mental health issues, and some counseling as well, there are also places to go to get counseling and therapy and other mental health services. Some of these services require Medicaid or other insurance, but some will also have sliding scale payments.

**Although the services below provide mental health services, some may also offer substance abuse services as well.**

**G. Emergency Mental Health Services**

**FYI: If at any time you may want to hurt yourself or someone else, please call 911. If you feel like you may be a danger to yourself or others. It is very important that you call someone for help. Here are a few numbers of places that would be more than willing to come to your aid.**

In the event of a mental health emergency,



Call **609-396-HELP (4357)**

**\*If you are in immediate danger, call 911**

**Primary Screening Centers for Monmouth County:**

**Central State Medical Center**

901 W. Main Street  
Freehold, NJ 07728  
732-294-2595

**Jersey Shore University Medical Center**

1945 Corlies Ave., Rt. 33  
Neptune, NJ 07753  
732-776-45555

**Riverview Medical Center**

1 Riverview Plaza  
Red Bank, NJ 07701  
732-219-5325

**Primary Screening Center for Ocean County**

**Kimball Medical Center**

600 River Ave.  
Lakewood, NJ 08701  
866-904-4474 or 732-886-4474

**H. Free/Low Cost Eyeglasses and Eye care** 

**Monmouth County Health Dept.**

3435 Highway 9 North  
Freehold, NJ 07728  
732-431-7456, call for an appointment  
Free eye screenings-Freehold: the second Monday of every month

**National Federation of the Blind of New Jersey**

69 Prospect Place  
Belleville, NJ 07109  
973-450-3030

**New Eyes for the Needy**

549 Millburn Avenue  
PO Box 332  
Short Hills, NJ 07078  
973-376-4903  
Hours: Mon-Thurs 9:00am-12:30pm; 1:30pm-4:00pm  
Friday (closed during July/August) 9:00am-12:00pm

Eligibility: Must be in financial need; have had a recent eye exam. (New Eyes does not pay for eye exams but does provide referrals); have no other resources available to pay for glasses, including federal or state programs or assistance from local charitable organizations; income at or below the U.S. poverty guidelines

\*A New Eyes voucher typically covers only the cost of a basic pair of single or bifocal eyeglasses.



## **Finding a Job:**

### **Employment Assistance and Training Programs**

Getting a job is usually one of the most important necessities when released from prison. Not everyone can obtain employment immediately, sometimes things like getting drug treatment, dealing with your housing, health or family situation may come first. For most people, though, finding work is the first step to getting back on your feet. It will be very challenging to get a job once you have been in prison, but it is not impossible, and you need to be persistent and patient. Below are some pointers on job searching, and information about resources that can help you find a job or get training for the job you want.

### **A. Things to Know Before You Start Your Job Search**

**Be Prepared:** It is essential that you are organized, and have all records of previous employment available when beginning a job search. A resume is the smartest thing you can create. If you are unsure of how to do so, you may go to your local one-stop career center and seek assistance. Not only will employers want to know your work history, they will inquire of accurate dates that you were employed with the company. Knowing this information is vital to ensuring employment. Employers will not be interested in hearing that you do not remember dates or addresses for your work history. If an employer decides to hire you, he will also need your identification, so make sure that is readily available.

**Presentation:** Look as neat, clean and organized as possible, no matter what the job is. Be polite and respectful, even when people are not polite and respectful to you, and many won't be. Making the person you want to help you or hire you mad won't get you the job you want.

#### **Talking About Your Criminal Record:**

Never omit or falsify a document that asks you specifically if you have a criminal record. The application may ask you to give

details to the nature of your crime or it may not. Chances are a criminal background check will be administered prior to employment, and lying will cost you the job.

**IT'S A JOB FOR RIGHT NOW,  
IT'S NOT THE REST OF YOUR LIFE**

When you are first starting out, especially if you've been out of the job market for a while, or have never had a job, you need to build a work history, and, of course, you need to make some money. Take whatever job you can get for now — it doesn't have to be the exact job you want, or what you eventually want to be doing. Do this job well —even if it's not a great job — and it can help you get a better one in the future. A year of good job performance will make your criminal record matter less.

**B. Help with Job Search and Job Training:  
Resources**

**Monmouth County One Stop Career Center**

145 Wyckoff Rd. Suite 201  
Eatontown, NJ 07724  
732-683-8850  
Mon-Fri 8 :30am-4 :30pm

**Ocean County One-Stop Career Center**

Building #2  
1027 Hooper Ave.  
Toms River, NJ 08754  
732-286-5616  
Mon-Fri 8 :30am-4 :30pm

**For Vocational Rehabilitation Services:**

**Center for Vocational Rehabilitation**

15 Meridian Rd.  
Eatontown, NJ 07724  
732-544-1800  
Mon-Fri 8:00am-4:00pm

**The Arc of Monmouth**

1158 Wayside Rd.  
Tinton Falls, NJ 07712  
732-493-1919

Locations in Neptune, Long Branch, Eatontown, Morganville, Freehold, Red Bank and Tinton Falls.

**ARC Employment Center**

150 N. Oberlin Ave.  
Lakewood, NJ 08701  
732-363-6677

**NJ Division of Vocational Rehabilitation Services (DVRS)**

1027 Hooper Ave. Bldg. 6  
3rd Floor, Suite 1  
Toms River, NJ 08753  
732-505-2310 or 866-341-8531

**Ladacin Network**

ACCESS Unlimited-Monmouth County  
3500 Sunset Ave., Suites D 3 & 4  
Wanamassa, NJ 07712  
732-643-9069

**Lifework**

270 Industrial Way West  
Eatontown, NJ 07724  
732-542-2525

**Waters & Sims Employment Services Inc. (2 Locations)**

Monmouth County

Mailing address: PO Box 8685 Red Bank, NJ 07701  
Office location: 135 Monmouth Street 1st Floor  
Red Bank, NJ 07701  
732-747-5544

Ocean County

508 Main St.  
Toms River, NJ 08753  
732-240-7910

**Supported Employment Services**

725 Airport Rd.  
Lakewood, NJ 08701  
732-367-5811

**C. Legal Restrictions on Employment and Protections against Discrimination**

If you are interested in getting a job and building a career in a particular area, you should make sure that it isn't one that is forbidden to someone with the kind of criminal conviction that you have on your record. There are about 22 categories of jobs in New Jersey that exclude people with convictions (which conviction it is varies by job). These include: aircraft/airport employees; paid public school employees, school bus drivers and school crossing guards; bank employees; bartenders and waiters in establishments where liquor is served; housing authority and municipal police and parking enforcement officers; New Jersey Turnpike Authority employees; liquor retail, wholesale, manufacturing or distributing employees; paid firefighters; child care center employees; community

residences for individuals with developmental disabilities. A much larger number of jobs require that you disclose your criminal record, and those employers perform background checks; some of these, however, also require that employers consider evidence of rehabilitation. These include most jobs in the health care and counseling fields (including drug and alcohol counseling) and social workers.

**FYI:** If you are going to begin training in a particular field, make sure you find out from the training course whether there are any restrictions that will keep you from getting a job.

#### **Protections for Licensed Occupations:**

If you are not absolutely barred from a position because of your conviction, New Jersey law says that you cannot be denied a professional license simply because of your conviction unless the crime for which you were convicted relates to the occupation you want to enter. If the licensing board or agency wants to deny you a license because the crime is related to the occupation, they have to explain, in writing, that they have considered certain factors like the seriousness of the crime, the circumstances of the crime, the date and your age when convicted, whether the crime was an isolated or repeated event, social conditions, and evidence of rehabilitation. You can ask your parole officer about applying for a “certificate of rehabilitation,” which can be used in your license application.

#### **D. Benefits for Employers Who Hire People with Criminal Records**

As you look for a job you can tell employers that the federal government has programs to support employers who hire people coming out of prison.

**FYI:** Work Opportunity Tax Credit (WOTC): With the Work Opportunity Tax Credit, your employer may be able to save up to \$4800 the first year you are hired. Make sure to inform your potential employer of this benefit.

**For questions regarding WOTC, please call 609-292-5525 or 1-800-792-8881**

**Federal Bonding Program:** Provides bonding “or insurance coverage” for employers who hire individuals with criminal histories who are otherwise qualified but cannot gain employment due to their criminal backgrounds. Please contact your local one stop for more information:

**Monmouth County One Stop Career Center**  
145 Wyckoff Rd. Suite 201

Eatontown, NJ 07724  
732-683-8850  
Mon-Fri 8 :30am-4 :30pm

**Ocean County One-Stop Career Center**

Building #2  
1027 Hooper Ave.  
Toms River, NJ 08754  
732-286-5616  
Mon-Fri 8 :30am-4 :30pm

**E. Opening a Checking or Savings Account**



After you've gotten a source of income, you may want to open a checking or savings account. A checking account is a great idea because many jobs provide direct deposit, and your check is automatically deposited into your account on payday. Using checks to pay for your bills is also cheaper than using money orders. To open a checking account you usually need a picture I.D. (driver's license or non-driver state I.D.), proof of address, birth certificate, and a Social Security card. You can also request a debit card with your account, which you can use just like a credit card (as long as you have the money in your account already). You can get a debit card for either a checking account or a savings account, but with a savings account you can earn interest on the money you've saved. Fees for these accounts will vary depending on the type of account and bank. Many banks now offer free checking.



**F. Public Libraries**

Your local public library can be a good resource for your job search. Public computers provide internet access (and help using the computer), job and course listings, and other local directories. Libraries also often carry the government forms mentioned in this guide, and librarians can help you find other information that you need.

**Monmouth County**

**Allentown Branch**  
16 S. Main St.  
Allentown, NJ 08501  
609-259-7565

**Asbury Park Free Public Library**  
500 1st Ave.  
Asbury Park, NJ 07712  
732-774-4221

**Atlantic Highlands Branch**  
100 1st Ave.  
Atlantic Highlands, NJ  
07716  
732-291-1956

**Avon Free Public Library**  
Garfield and 5th Ave/  
Avon-By-The-Sea, NJ  
07717  
732-502-4525

**Belmar Public Library**  
517 10th Ave.  
Belmar, NJ 07719  
732-681-0775

**Bradley Beach Public Library**  
511 4th Ave.  
Bradley Beach, NJ 07720  
732-776-2995

**Brielle Public Library  
Howell Branch**  
318 Old Tavern Rd.  
Howell, NJ 07731  
732-938-2300

**Keyport Free Public Library**  
109 Broad St.  
Keyport, NJ 07735  
732-264-0543

**Little Silver Public Library**

610 South St.  
Brielle, NJ 08730  
732-528-9381

**Colts Neck Branch**  
1 Winthrop Drive  
Colts Neck, NJ 07722  
732-431-5656

**Eatontown Public Library**  
33 Broad St.  
Eatontown, NJ 07724  
732-389-2665

**Fair Haven Public Library**  
748 River Rd.  
Fair Haven, NJ 07704  
732-474-5031

**Freehold Public Library**  
28 1-2 E. Main St.  
Freehold, NJ 07728  
732-462-5135

**Hazlet Branch**  
251 Middle Road  
Hazlet, NJ 07730  
732-264-7164

**Holmdel Branch**  
4 Crawfords Corner Rd.  
Holmdel, NJ 07733  
732-946-411

484 Prospect Ave.  
Little Silver, NJ 07739  
732-747-9649

**Long Branch Free Public Library**  
328 Broadway  
Long Branch, NJ 07740  
732-222-3900

**Manalapan Branch**  
125 Symmes Drive  
Manalapan, NJ 07726  
732-431-7220

**Manasquan Public Library**

55 Broad St.  
Manasquan, NJ 08736  
732-223-1503

**Marlboro Branch**

1 Library Ct. & Wyncrest  
Dr.  
Marlboro, NJ 07746  
732-536-9406

**Matawan-Aberdeen Public Library**

165 Main St.  
Matawan, NJ 07747  
732-583-9100

**Middletown Twp. Public Library**

55 New Monmouth Rd.  
Middletown, NJ 07748  
732-671-3700

**Monmouth Beach Public Library**

18 Willow Ave.  
Monmouth Beach, NJ  
07750  
732-229-1187

**Neptune City Library**

106 W. Sylvania Ave.  
Neptune City, NJ 07753  
732-988-9966

**Neptune Twp. Public Library**

25 Neptune Blvd.  
Neptune, NJ 07753  
732-775-8241

**Ocean Twp. Branch**

701 Deal Rd.  
Ocean, NJ 07712  
732-531-5092

**Oceanic Free Library**

109 Avenue of Two Rivers  
Rumson, NJ 07760

732-842-2692

**Oceanport Branch**

8 Iriquois Ave.  
Oceanport, NJ 07757  
732-229-2626

**Red Bank Public Library**

84 W. Front St.  
Red Bank, NJ 07701  
732-842-0690

**Sea Bright Public Library**

J.W. Ross Cultural Arts Ctr  
1097 Ocean Ave.  
Sea Bright, NJ 07760  
732-758-9554

**Sea Girt Library**

Railroad Station at the  
Plaza  
Sea Girt, NJ 08750  
732-449-1099

**Eastern Branch, Shrewsbury**

1001 Route 35  
Shrewsbury, NJ 07702  
1-866-941-8188 (toll-free)  
732-683-8980 (Freehold  
area)

**Tinton Falls Public Library**

664 Tinton Ave.  
Tinton Falls, NJ 07724  
732-542-3110

**Wall Branch**

2700 Allaire Rd.  
Wall, NJ 07719  
732-449-8877

**West Long Branch**

95 Poplar Ave.  
West Long Branch, NJ  
07764  
732-222-5993



## **Ocean County**

**Barnegat Branch**  
112 Burr St.  
Barnegat, NJ 08005  
609-698-3331

**Bay Head Branch**  
136 Meadow Ave.  
Bay Head, NJ 08742  
732-892-0662

**Beachwood Branch**  
126 Beachwood Blvd.  
Beachwood, NJ 08722  
732-244-4573

**Berkeley Branch**  
30 Station Rd.  
Bayville, NJ 08721  
732-269-2144

**Brick Branch**  
301 Chambers Bridge Rd.  
Brick, NJ 08723  
732-477-4513

**Island Heights Branch**  
121 Central Ave.  
Island Heights, NJ 08732  
732-270-6266

**Jackson Branch**  
2 Jackson Dr.  
Jackson, NJ 08527  
732-928-4400

**Lacey Branch**  
10 East Lacey Rd.  
Forked River, NJ 08731  
609-693-8566

**Lakewood Branch**  
301 Lexington Ave.  
Lakewood, NJ 08701  
732-363-1435

**Little Egg Harbor Branch**

290 Mathistown Rd.  
Little Egg Harbor, NJ  
08087  
609-294-1302

**Long Beach Island Branch**  
217 S. Central Ave.  
Surf City, NJ 08008  
609-494-2480

**Manchester Branch**  
21 Colonial Dr.  
Manchester, NJ 08759  
732-657-7600

**Point Pleasant Beach Branch**  
710 McLean Ave.  
Pt. Pleasant Beach, NJ  
08742

732-892-4575

**Point Pleasant Borough Branch**  
834 Beaver Dam Rd.  
Pt. Pleasant, NJ 08742  
732-295-1555

**Plumsted Branch**  
119 Evergreen Rd.  
New Egypt, NJ 08533  
609-758-7888

**Toms River Branch**  
101 Washington St.  
Toms River, NJ 08753  
732-349-6200

**Tuckerton Branch**  
380 Bay Ave.  
Tuckerton, NJ 08087  
609-296-1470

**Upper Shores Branch**  
112 Jersey City Ave.

Lavallette, NJ 08735  
732-793-3996

**Waretown Branch**  
112 Main St.  
Waretown, NJ 08758  
609-693-5133

**Whiting Reading Center**  
Whiting Commons  
Shopping Center  
400 Lacey Rd. Suite 5  
Whiting, NJ 08759  
732-849-0391



## FRESH START @ YOUR LIBRARY

*#MyFreshStart #MyJourney #MyLibrary*

Fresh Start @ Your Library is a statewide library reentry program that is focused on reconnecting returning citizens with their communities at public libraries. Libraries play an integral role in providing support and services to individuals returning to their home communities after completing their prison terms.

Returning citizens often have a difficult time transitioning back into society, primarily because of a lack of employment. New Jersey libraries are here to help prepare individuals for successful reentry into the workforce. Below are the participating locations.

**PATERSON FREE PUBLIC LIBRARY**  
 250 Broadway, Paterson, N.J. 07501  
**PHONE:** 973-321-1223  
**HOURS:**  
 Monday - Thursday 9:00 a.m. - 8:00 p.m.  
 Friday and Saturday 9:00 a.m. - 5:00 p.m.  
<http://www.patersonpl.org/>

**THE NEWARK PUBLIC LIBRARY**  
 5 Washington St., Newark, N.J. 07102  
**PHONE:** 973-733-7784  
**HOURS:**  
 Monday, Friday and Saturday  
 9:00 a.m. - 5:30 p.m.  
 Tuesday - Thursday 9:00 a.m. - 8:30 p.m.  
<https://npl.org/>

**TRENTON FREE PUBLIC LIBRARY**  
 120 Academy St., Trenton, N.J. 08608  
**PHONE:** 609-392-7188  
**HOURS:**  
 Monday - Thursday 9:00 a.m. - 8:00 p.m.  
 Friday - Saturday 9:00 a.m. - 5:00 p.m.  
<https://www.trentonlib.org/>

**LONG BRANCH FREE PUBLIC LIBRARY**  
 328 Broadway, Long Branch, N.J. 07740  
**PHONE:** 732-222-3900  
**HOURS:**  
 Monday - Thursday 10:00 a.m. - 8:00 p.m.  
 Friday - Saturday 10:00 a.m. - 5:00 p.m.  
 Sunday closed  
<https://www.longbranchlib.org/>

**CUMBERLAND COUNTY LIBRARY**  
 800 East Commerce St., Bridgeton, N.J. 08302  
**PHONE:** 856-453-2210  
**HOURS:**  
 Monday - Wednesday 9:00 a.m. - 8:00 p.m.  
 Thursday - Saturday 9:00 a.m. - 5:00 p.m.  
 Sunday closed  
<https://www.clueslibs.org/>

**ATLANTIC CITY FREE PUBLIC LIBRARY**  
 1 North Tennessee Ave., Atlantic City, N.J. 08401  
**PHONE:** 609-345-2269  
**HOURS:**  
 Monday and Friday 9:30 a.m. - 5:00 p.m.  
 Tuesday - Thursday 9:30 a.m. - 6:30 p.m.  
 Saturday 9:00 a.m. - 5:00 p.m.  
 Sunday closed  
<http://www.acpl.org/>



## Reconnecting with Family

As you prepare to come home, you may be thinking about reuniting with family members, including those you may not have seen for a long time. You may be excited to see your kids, your spouse, your parents, and others who are part of your family, and while most will be glad to see you home, others may be reluctant. All kinds of issues can come up, and you may need some help solving some of the problems that arise. This section provides some information and resources to help solve these issues.

## **Hotlines for Family Services Resources**

### **NJ Child Abuse/ Neglect Hotline:**

1(877) NJABUSE (652-2873)

### **Child Care Hotline:**

1(800) 332-9227

### **NJ Child Support Hotline:**

1 (877) NJKIDS- 1 (655-4371)

### **Division of Family Development:**

1(800) 792-9773

### **NJ Division of Youth and Family Services:**

1 (800) 331-DYFS (3937)

### **Family Health Line:**

1 (800) 328-3838

### **Family Help Line (for stressed parents):**

1 (800) THE KIDS (843-2537)

### **National Domestic Violence Hotline:**

1(800) 799-7233

### **NJ Domestic Violence Hotline:**

1(800) 572-7223

### **Parents Anonymous:**

1(800) 843-5437

## **A. Family Counseling Resources**

The following places can provide support, marital and family counseling and parenting classes to help you reunite with your family.

### **Monmouth County**

#### **Asbury Park Psychotherapy Associates**

501 Grand Ave.

Asbury Park, NJ 07712

732-823-2225

#### **Bayshore Family Success Center**

810 Union Ave.

Union Beach, NJ 07735

732-497-3811

#### **Center for Marriage & Family Therapy, P.C.**

20 Court St., Suite 102

Freehold, NJ 07728

732-264-8878

**Contemporary Counseling Center**

9 S. Main St.  
Marlboro, NJ 07746  
732-577-1076

**Institute for Personal Growth (IPG)**

90 West Main St.  
Freehold, NJ 07728  
866-957-1790

**Long Branch Concordance Family Success Center**

300 Broadway, rear entrance  
Long Branch, NJ 07740  
732-571-1670

**The Rose Relationship Learning Center**

1205 NJ-35  
Ocean Township, NJ 07712  
732-517-1177

**The Samaritan Center at the Jersey Shore**

36 South St.  
Manasquan, NJ 08736  
732-223-4673

**Ocean County**

**Family Success Center-Ocean County**

The Children's Home Society of NJ  
1433 Hooper Ave., Suite 121  
Toms River, NJ 08753

**St. Francis Counseling Services**

609-494-1554  
4700 Long Beach Blvd.  
Long Beach Twp, NJ 08008  
609-494-1554

**Marin Integrative Therapy, LLC**

86 East Water St.  
Toms River, NJ 08753  
732-244-2210

**Leadem Counseling and Consulting Services, P.C.**

668 Commons Way, Bldg. 1  
Toms River, NJ 08755  
732-797-1444

### **Parents Anonymous of New Jersey, Inc.**

1-800-843-5437 (24 hour hotline) Hours: Call to confirm group times at different locations Self-help for parents who are under stress and who want to improve their relationship with their children. Groups meet weekly and are facilitated by a volunteer professional; many groups provide child care. Groups meet in most counties throughout the state with some bilingual groups available. Parents Anonymous also offers an on-line support group as well.



### **B. Child Custody and Visitation**

Establishing visitation and gaining custody of your children once you are released is not an overnight procedure. If you had custody of your kids at the time you were incarcerated, and no family was able to take care of them, they may have been placed in foster care. If this is the case, and you do not know your child's case manager's name or number, contact the Division of Child Protection and Permanency (formerly DYFS) at 800-531-1091. You will have to make an appointment with the case manager for an interview. They may not be willing to give you information over the phone. You'll be asked a series of questions in order to assess when and if you will be given visitation rights, so that you may reestablish your relationship with the child and hopefully gain custody again. This is just a quick overview of what to do and what you can expect.

***FYI: If you were convicted of any violent or sexual offenses against children, you may be unable to live with or regain custody of your children.***

**Listed below are the different offices for DCPD in your area. Please contact the office that applies to your location.**

#### **Monmouth North LO- #663**

Monmouth Park Corporate Center 1  
185 Route 36 West, Building E  
West Long Branch, NJ 07764  
732-571-2190 or 800-392-9511

#### **Monmouth South LO- #666**

630 Bangs Ave.  
Asbury Park, NJ 07712  
732-897-6300 or 800-392-9512

#### **Ocean North LO- #672**

1510 Hooper Ave., Suite 210  
Toms River, NJ 08753  
732-255-8015 or 866-544-9197

## **Ocean South LO- #671**

Baywick Plaza  
333 U.S. Route 9  
Bayville, NJ 08721  
732-908-5900 or 800-442-6232

### **C. Getting and Paying Child Support**

Whether you have custody of your children on your own when you get out, and need help from an absent “non-custodial” parent, or you do not have custody of kids who need your support, child support payments will be an important part of your life after you are released. Some basic information is included below, as far as enforcing a child support order.

Child support, custody and visitation issues are very complicated, and if you can get **a lawyer, you should**. Contact the Legal Services of New Jersey hotline, from 9:00 am - 4:30 pm, at 888-576-5529, or the Union County Bar Association Lawyer Referral Service at 908-353-4715. You can also contact Central Jersey Legal Services at 60 Prince Street, Elizabeth, NJ 07208 at 908-354-4340. From prison, you can also contact the Prisoner’s Self-Help Legal Clinic, PO Box 768, Newark, NJ 07101.

### **Getting and Enforcing a Child Support Order**

If you have custody of your children, and want financial support from the non-custodial parent, you can apply for child support at the Union County Family Court Building, 2 Broad Street, 2<sup>nd</sup> Floor Annex, Elizabeth, NJ 07207, 908-659-4600. There is a possible fee. You can also call 1-877-NJKIDS1 for more information about this.

### **Paying Child Support**

If you have kids that you did not have custody of before you went to prison, there may be a child support order requiring you to pay a certain amount every month for their support. Even if you did not go to court, for example, the parent with custody filed for the order while you were incarcerated, the court can still order you to pay child support. The amount you pay in child support is tied to your income, and if the court does not know your income, they will assume you are working 40 hours a week at minimum wage. Child support payments are usually taken out of your paycheck. If you have not paid at all or missed payments, you will owe “arrears.” Unless you got a modification of your child support order when you went into prison (see below), the amount of arrears that you owe will have continued to grow while you were inside. When you come out, and get a job, they can begin to take out not just the monthly amount you owe for child support, but more money to pay back the arrears

(up to 65% of your pay in total). They may also suspend your driver's license. Here are some things you can do:

**To locate a parent prior to an order, contact:**

Monmouth County Division of Social Services  
PO Box 3000 Kozlowski Rd.  
Freehold, NJ 07728  
1-877-655-4371

Ocean County Board of Social Services  
1027 Hooper Ave.  
Toms River, NJ 08754  
1-877-655-4371

**To enforce an existing order, contact:**

Monmouth County Probation  
30 Mechanic St.  
PO Box 1259  
Freehold, NJ 07728  
1-877-655-4371

**To establish or change an order, contact:**

Monmouth County Courthouse  
71 Monument Park  
PO Box 1252  
Freehold, NJ 07728  
1-877-655-4371

Justice Complex  
120 Hooper Ave.  
Toms River, NJ 08754  
1-877-655-4371

**D. Domestic Violence/Sexual Assault Resources**

The following places provide counseling, support and shelter or referrals to shelter in domestic violence situations. You can also call these 24-hour hotlines:

**New Jersey Coalition for Battered Women:  
(800)-572-SAFE.**

**Domestic Abuse Hotline for Men and Women:  
(888) 7HELPLINE (1-888-743-5754)**

**180 Turning Lives Around, Inc.**  
732-264-4111 (24-Hr. Hotline)  
888-843-9262 (Domestic Violence)  
888-264-7273 (Sexual Violence)

**Catholic Charities of Ocean County**



*Providence House Domestic Violence Services*  
88 Schoolhouse Rd., Suite 1  
Whiting, NJ 08759  
24/7 Hotline: 732-244-8259  
Toll Free: 1-800-246-8910  
Outreach Office: 732-350-2120

## Getting More Education

Although getting more education may not be part of your short term plans, it certainly should be something to think about for the future, especially if you do not have a high school diploma or a GED.



### **A. High School Diploma/GED Certificate/High School Equivalency Degree (HSED)/Vocational School Certificates**

It is very important to keep records of any degrees and certificates of completion and work-related licenses that have earned. Before you are released, you can write to the school or agency where you earned your degree or certificate to obtain a copy. Once you have a copy in your possession, this should be kept in your strong box.

**FYI:** If you earned your GED while incarcerated, please call the Education Department of the institution you were in to obtain a copy.

You can also request your GED transcript or diploma verification from the New Jersey Department of Education providing you completed your diploma in a traditional setting. You will have to fill out a GED Information Request Form.

Please call 609-777-1050 for further assistance.

You may ask that it be sent to you; or you may pick up the form at a local testing center (which you can do after you are released); by downloading the form from the website <http://www.state.nj.us/njded/students/ged/ged7.htm>; or by writing to: GED Testing Program, Bureau of Adult Education and Family Literacy, New Jersey Department of Education, PO Box 500, Trenton, NJ 08625.

Your chances of getting a job that pays a living wage and of moving forward in a career will improve with more education, and not having the high school diploma or GED will simply lock you out from a lot of opportunities.



## **B. GED Classes**

The places in Monmouth and Ocean County below offer classes to help you prepare for the GED exam. Call for exact times and procedures. Many locations offer classes at low cost or no cost. For more information, contact the New Jersey Department of Labor and Workforce Development, Division of Workforce Readiness & Literacy at (609) 943-5921. Call individual programs for information on classes offered, fees and/or time schedules.

### **GED Testing Centers**

Brookdale Community College

765 Newman Springs Rd.

Lincroft, NJ 07738

732-224-2584

Test offered in both English and Spanish

Ocean County College

1 College Dr.

College Testing Center, Library Bldg. #3, Rm. 014B

Toms River, NJ 08754

732-255-0530



## **C. Higher Education**

If you already have a high school diploma or a GED certificate, you may want to move forward and get your associate's degree, bachelor's degree or graduate degree.

### **Local Area Colleges**

732-542-4118

#### **Beth Medrash Govoha**

617 6th St.

Lakewood, NJ 08701

732-367-1060

#### **Georgian Court University**

900 Lakewood Ave.

Lakewood, NJ 08701

1-800-458-8422

#### **Brookdale Community College**

765 Newman Springs Rd.

Lincroft, NJ 07738

732-224-2345

#### **Mesivta Keser Torah**

503 11th Ave.

Belmar, NJ 07719

732-681-5656

#### **Fairleigh Dickinson University**

Eatontown Location

1 Main St., Suite 116

Eatontown, NJ 07724

#### **Monmouth University**

400 Cedar Ave.

West Long Branch, NJ  
07764  
732-571-3400

**Ocean County  
Community College**  
1 College Drive  
Toms River, NJ 08754  
732-255-0400

### **Can I Get Financial Aid?**

To pay for this, you will probably try to get some financial aid. If you are applying for any federal financial aid programs after release (such as Pell Grants, Perkins Loans, Federal Family Education Loans, etc.), you are not restricted unless you have a drug-related offense. For possession offenses, a first offense means one year of ineligibility (after your conviction), a second offense, two years, and third offense means you are “indefinitely” ineligible, which to the government means permanently ineligible. For a sales or distribution crime, a first offense has two years of ineligibility, a second offense makes it permanent. Private financial aid or loan programs may not have any restrictions.

## **Other Things You Need to Know**

### **A. Getting Legal Assistance**

To get assistance with civil (not criminal) cases, you can contact the toll free hotline for **Legal Services of New Jersey (LSNJ)**, which provides information and referrals, **888-576-5529**. For local Monmouth & Ocean County legal services please contact the office located nearest to you:

#### **South Jersey Legal Services**

##### Monmouth County Office

303 West Main St., 3rd Fl.

Freehold, NJ 07728

732-414-6750

Fax: 732-414-6757

SJLSMonmouth@lsnj.org

##### Ocean County Office

215 Main St.

Toms River, NJ 08753

732-608-7794

Fax: 732-608-9636

SJLSOcean@lsnj.org

### **B. Checking and Correcting Your Criminal Record (“rap sheet”)**

Since employers, landlords and others will be performing criminal background checks and getting copies of your criminal record, it is important that you know what is on it, and that it is accurate. You should also be prepared to answer any questions about your background.

**FYI:** Background checks are now only done electronically. You may contact State Police Headquarters to inquire how to correct your criminal record at the following address.

State Section of Identification  
Records and Identification Bureau  
New Jersey State Police  
P.O. Box 7068  
West Trenton, NJ 08628  
1-609-882-2000 ext 6425  
1-609-530-4856 fax

### **C. Expungement: Cleaning Up Your Criminal Record**

You may have heard about expungement as one way to clean up your criminal record as you get some distance from your old arrests and convictions. Unfortunately, expungement is fairly limited in New Jersey. You can expunge any arrest that did not lead to a conviction at any point. You can expunge “disorderly persons offenses,” which are low level offenses in New Jersey, after 5 years, and most municipal ordinance offenses after 2 years. Convictions for “indictable offenses” (felonies), can be expunged 10 years from the date of conviction, payment of any fine, satisfactory completion of probation or parole or release from incarceration, but whichever is latest. The most serious of these offenses, such as murder, kidnapping, aggravated sexual assault, robbery, arson, perjury and distribution, sale or possession with intent to distribute of controlled dangerous substances (drugs), can never be expunged. Expungement is a broader remedy for offenses committed as a juvenile. Legal Services of New Jersey has published a guide to cleaning up your record through expungement.

To obtain a copy of the book, call 888-576-5529, or go to the LSNJ web site, where you can download it for free: <http://www.lsnj.org/english/crime/municipalcourt/clearingyourrecord.cfm>.

### **D. Checking and Correcting Your Credit Record**



While New Jersey allows employers to look at your criminal record, many employers — and others like landlords and mortgage companies — will use a credit report instead of or in addition to the state’s records. Credit records are maintained by private companies and generally have information about your debts, your history of paying bills and other financial matters, but may also have information about your criminal record. The information may not be correct, and the law does offer you some protections. For example, if an employer uses a credit record to

deny you a job, they have to tell you this, and give you the name, address and phone number of the agency that provided the report, and the agency must give you a copy of that information on your request. They cannot charge you money for that request if the employer used the report to deny you a job. If the records of the credit agency contain incorrect information, they must investigate and correct inaccurate information.

You can get ahead of the curve by getting a copy of your credit record and making sure there isn't any incorrect information on it. New Jersey residents are allowed one free credit report each year. Three companies that provide this service are:

**Equifax Information Systems, LLC:**  
P.O. Box 740241, Atlanta, GA 30374  
800-685-1111.

**Transunion Personal Credit Report:**  
PO Box 1000, Chester PA 19022  
800-888-4213.

**Experian:**  
PO Box 2002, Allen, TX 75013  
800-397-3742.

**FYI:** By mail, be sure to include your full name, current address, Social Security number, and most recent former address for file-matching purposes.

## **E. Voting Rights**

New Jersey law does not allow you to vote while you are in prison, or while you are on probation or parole for an indictable offense (disorderly person's offenses don't disqualify you).

**Once you have completed your parole or probation term, you may register to vote.** Make sure that you are registered in the county in which you reside. **Applications for registration can be obtained from Social Services prior to release.** Also you may apply with the Division of Elections, the Commissioners of Registration office in the County where you live or from your Municipal Clerk once you are released. Registration forms are also available in various State agencies and at Division of Motor Vehicle offices and can be obtained while transacting agency business. If you are not sure, you can visit [http://www.state.nj.us/lps/elections/vote\\_doe.html](http://www.state.nj.us/lps/elections/vote_doe.html). You will be able to download a voter's registration form and mail it in. This site also explains who can register to vote and where you can register.

## F. Registration of Sexual Offenders (Megan’s Law)

Sex offenders are required to register with the police under Megan’s Law. Offenses include: aggravated sexual assault; sexual assault; aggravated criminal sexual contact; endangering the welfare of a child by engaging in sexual conduct which would impair or debauch the morals of the child; luring or enticing and, if the victim were a minor and the offender not a parent, kidnapping; criminal restraint and false imprisonment and promoting prostitution of a child under 18. **You will be registered prior to release, but must re-register your home address at least 10 days prior to any move with the law enforcement agency with which you were registered when released.** You will also need to verify your address annually or every 90 days if you are a repetitive and compulsive offender

## The Game Plan

Your first weeks out after leaving prison can be overwhelming. This section is set up to help you get organized and keep yourself on track toward your goals. First, think about what those goals are? What do you want or need to get done in your first week out? In your first month out? Where do you want to be in six months? There are lots of things that other people need you to do — your parole officer, for example, and your family — but you also need to think about what you expect from yourself.

Here are some pages to use to plan your first days out of prison. There are some questions to ask yourself about what you plan to do. It’s best to write things down and plan ahead. **\*\*\*You should also refer to your discharge plan created by your social worker that outlines your needs.** Have a wonderful and successful reentry!

### DO I Have my Basic Needs?

**Shelter:**

\_\_\_\_\_

**Food:**

\_\_\_\_\_

**Health Care:** \_\_\_\_\_

**Clothing:** \_\_\_\_\_

**Transportation:** \_\_\_\_\_

**DO I Have Support?**

**Family:** \_\_\_\_\_

**Friends:** \_\_\_\_\_

**Do I Have Identification?**

**I.D. Checklist**

<b>Documents</b>	<b>Have?</b>	<b>Need?</b>
Strong Box	_____	_____
Social Security Card	_____	_____
Birth Certificate	_____	_____
County I.D.	_____	_____
Driver's License	_____	_____
Non-driver's I.D.	_____	_____
Certificate of Naturalization	_____	_____
Green Card	_____	_____
Military Discharge Papers	_____	_____
Passport	_____	_____
High School Diploma Or GED Certificate	_____	_____
Prison Release Papers	_____	_____

**Other things I need to do (job leads, appointments, prescriptions, go to a support group, etc.):**

**Notes:** \_\_\_\_\_

\_\_\_\_\_

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**Important Names and Phone Numbers  
(Parole, Mentor, Emergency Contact, etc.)**

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_



# Smart Book Topics



**Getting Started:  
I.D. and Other Documents**



**First Steps after Release:  
Where Do I Go to Find...**



**Taking Care of You:  
Getting Support**



**Taking Care of You:  
Health Care Resources**



**Finding a Job:  
Employment Assistance  
and Training Programs**



**Reconnecting With Family**



**Getting More Education**



**Other Things You Need to Know**



**The Game Plan**